March 2018
www.211cc.org

Central Contra Costa County Resource Guide

Abuse

CHILDREN
Children’s Protective Services 1-877-881-1116

ADULTS
Adult Protective Services 1-877-839-4347
Human Trafficking Prevention 1-800-670-7273
(Community Violence Solutions)

Ombudsman of CCC 925-685-2070
(For patients in long-term care facilities)

FAMILIES
STAND! For Families Free of Violence 1-888-215-5555

AIDS/HIV

AIDS Info 1-800-448-0440
Contra Costa AIDS/HIV Program 925-313-6711

Alcohol & Drug Abuse

Al-Anon 925-932-6770
Alcohol & Other Drugs ACCESS 1-800-846-1652
Alcoholics Anonymous 925-939-4155
DUI Programs 925-932-8100
(Alcohol & Drug Abuse Council of Contra Costa, Inc.)
Narcotics Anonymous 925-685-4357

DETOX TREATMENT CENTERS

BAART - Detoxification Program 925-522-0124
Frederick Ozam Center 925-676-4840
Pueblos del Sol (Men) 925-676-2580
The Center for Recovery 925-674-4100
Thunder Road Adolescent Treatment Center 510-653-5040

TREATMENT / COUNSELING

A Chance for Freedom (Bi-Bett) 925-685-7418
Crossroads Program Services 925-682-5704
La Casa Ujima Residential 925-229-0230
Power Program 925-685-7613
Ujima Central Mothers’ Program 925-691-5083

SMOKING CESSATION

California Smokers Helpline 1-800-662-8887
Tobacco Helpline 1-800-844-2439

Animals

ARF Animal Rescue Foundation 925-256-1273
CCC Animal Services 925-608-8400
Contra Costa Humane Society 925-279-2247
Pet Food Assistance Program 925-676-7543

Child Care/Crisis Child Care

Coco Kids 925-676-5437
Head Start Programs/Child Care Services
(CCC Community Services Bureau) 925-681-6300

CRISIS CHILD CARE

Bay Area Crisis Nursery (Ages 0-5) 925-685-8052
Safe Families (Ages 0-18) 925-566-8050

Crisis and Suicide Intervention

Contra Costa Crisis Center 2-1-1
Provides 24-hour crisis/warm line support.
National Suicide Hotlines 1-800-273-8255

Death & Dying

Grief Counseling 2-1-1
(Contra Costa Crisis Center)

Dental Care

Berkeley Free Clinic 1-800-625-4642
Contra Costa Health Services Dental Clinics
Bay Point Children’s Dental 925-427-8302
Martinez 925-370-5300
Dental Hygiene Clinic 925-969-2092
(Diablo Valley College)
Denti-Cal/Medi-Cal Dental Pgm 1-800-322-6384
La Clinica Monument 925-363-2005
Respite Dental Care Concord 925-608-5016

Disability Services

Adaptive Learning Center 925-827-3863
Adults with Disabilities Services (Mt. Diablo Adult Ed.) 925-685-7340
California Children’s Services 925-313-6400
CA Dept. of Rehabilitation 925-602-3953
Contra Costa ARC 925-370-1818
Developmental Disabilities Council 925-313-6836
Futures Explored 925-825-0263
Hearing Loss Association of America - Diablo Valley & East Bay Chapter 925-264-1199
Independent Living Resource 925-363-7293
Regional Center of the East Bay 925-691-2300
Social Security 925-772-1213
State Council on Developmental Disabilities
Bay Area 510-280-0439
We Care Services for Children 925-671-0777

Education & Literacy

CCC Regional Occupational Program (ROP) 925-942-3368
Contra Costa County Library 1-800-984-4636
Contra Costa County Office of Education 925-942-3388
Project Second Chance 925-927-3250
(Contra Costa Library)
Strike Center 510-234-1300

ESL/GED/ADULT EDUCATION

Acalanes Adult Education 925-280-3980
Martinez Adult Education 925-228-3276
Mt. Diablo Adult Education 925-685-7340

Emergency Services

American Red Cross 1-800-733-2767
California Poison Control System 1-800-222-1222
CCC Office Emergency Services 925-646-4461
Emergency Broadcast System - KCBS740AM
Hazardous Materials Incident Response 925-335-3232
Health Emergency Hotline 1-888-959-9911

Employment/Job Training

CalJOBS - Internet www.caljobs.ca.gov
Child Care Job Bank 925-676-5442
(Coco Kids)

EASTBAY Works, America’s Job Center of CA
Concord 925-671-4500
Experience Unlimited 925-602-0166
Monument Impact 925-682-8248
Unemployment Insurance, CA 1-800-300-5616
Internet www.edd.ca.gov/Unemployment

Evictions/Rent Assist./Foreclosures

EVICTION NOTICE/LANDLORD TENANT ASSISTANCE
Bay Area Legal Aid 510-250-5270
ECHO Fair Housing 1-855-275-3246
(except Concord and Pittsburg)

FORECLOSURE ASSISTANCE

Foreclosure Assistance – HUD 415-489-6400
Housing & Economic Rights Advocates (HERA) 510-271-8443
National Foreclosure Hotline 1-888-995-4673

RENTAL ASSISTANCE

Concord Family Service Center
(Catholic Charities of East Bay) 925-825-3099
Season of Sharing 925-521-5065
SHELTER, Inc. 925-338-1038

Financial Assistance

CalWORKS (Families) 1-877-505-4630
General Assistance (Individuals) 1-877-505-4630

Food

CalFresh (Food Stamps) 1-877-505-4630
EBT Card Services 1-877-328-9677
Food Bank of Contra Costa & Solano
(Groceries, pantries, meals) 925-676-7543
Food Pantries/Soup Kitchens 211
Loaves & Fishes Dining 925-293-4792
WIC Program 925-646-5370
(Pregnant women breastfeeding or children 0-5)

Gay, Lesbian, Bisexual, Transgender

LGBT National Help Center 1-888-843-4564
Rainbow Community Center 925-692-0090

Health Care

Advice Nurse 1-877-661-6230
Contra Costa Health Services Health Centers
Concord, Martinez 1-800-495-8885
Health Care for the Homeless Mobile Van
(CCHS) Call for locations/hours 925-608-5300

COMMUNITY CLINICS

La Clinica Monument 925-363-2005
Planned Parenthood 1-800-230-7526
Concord, San Ramon, Walnut Creek
Homeless Ambulatory Clinics 925-608-5300
RotaCare – Concord 925-429-6409

HOSPITALS

Contra Costa Regional Medical Center
925-370-5000
John Muir Health Walnut Creek 925-939-3000
John Muir Health Concord 925-682-8200
Kaiser Medical Ctr Walnut Creek 925-295-4000
San Ramon Regional Medical Center 925-275-9200

Health Insurance

Covered California 1-800-300-1506
Child Health & Disability Prevention (CHDP)
925-313-6150
HICAP 1-800-510-2020
(Health Insurance Counseling & Advocacy)
Kaiser Child Health Plan 1-800-464-4000
Medi-Cal Applications 1-800-709-8348
Patient Financial Counseling 1-800-771-4270
(Information on County health coverage programs)

Homeless

Bay Area Rescue Mission
Men’s shelter 510-215-4868
Women & Families 510-215-4860
Cal House - Richmond (Youth, 18-24) 1-800-610-9400
Coordinated Outreach Referral and Engagement (CORE) 2-1-1
Homeless outreach to encampments and referrals to
Concord and Brookside Shelters.

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March 2018
www.211cc.org
Central Contra Costa County
Resource Guide

Crisis/Suicide Intervention: 2-1-1

GRIP Family Emergency Shelter..510-233-2141
Monument Crisis Center.............925-825-7751
Multi-Service Center.................925-685-7613
(Anka Behavioral Health)
SHELTER, Inc......................925-338-1038
Shepherd’s Gate Brentwood.......925-308-7507
Trinity Center.....................925-949-8712
Winter Nights (ICCCC)..............925-435-2074

Housing
CC Housing Authority Public Housing Wait List (Except Richmond and Pittsburg)....925-957-8000
Housing Workshop/Shared Housing (Independent Living Resources)...........925-363-7293
Senior & Adults w/ Disabilities...1-800-510-2020
SHELTER, Inc.......................925-338-1038

Immigrant & Refugee Services
Cash Assistance Program for Immigrants.....................................................1-877-505-4630
Citizenship Education
Acalanes Adult Education.............925-280-3980
Martinez Adult Education............925-228-3276
Mt. Diablo Adult Education............925-660-7340
Immigration & Naturalization Services (Catholic Charities of the East Bay).......925-825-3099
Refugee & Immigrant Services (Japanese Family & Community Services of the East Bay).....925-927-2000
Refugee Program Health...,925-313-6893
Stand Together Contra Costa........925-900-5151
Rapid response and immigration legal services in Contra Costa County.
U.S. Citizenship and Immigration Services .............................................1-800-375-5283

Information & Referral
2-1-1 Contra Costa..................211
(Contra Costa Crisis Center)
Information & Assistance for Seniors & Dependent Adults....................1-800-510-2020

Legal & Mediation Services
Bay Area Legal Aid....................510-250-5270
CCC Bar Association...............925-825-5700
CCC Dept. of Child Support...........1-866-901-3212
CC Senior Legal Services.............925-629-7900
Conflict Resolution/Mediation
(Center for Human Development)........925-349-7344
Family Law Facilitator..............925-608-1000
(Divorce, Child Custody, Support, Paternity issues help)
Medical Legal Partnership (FMCH)...800-880-8047
Victim Witness Assistance ..........925-957-8650

Low Cost Internet
Access from AT&T..................1-855-220-5211
Comcast Internet Essentials.........1-855-846-8376

Mental Health
Access Mental Health Appointment Line for Contra Costa County.............1-888-678-7277
Bay Area Psychotherapy Institute.....925-284-2298
Center for Human Development.....925-687-8844
Adolescent, Adult & Children’s Psychiatric Programs.........................1-800-680-6555
(John Muir Behavioral Health Center)
Contra Costa Crisis Center.............1-800-833-2900
Crockett Counseling Center........925-370-6544
Family Advocate Mental Health (CHCS)..............................................925-957-5139
First Hope- CHCS...................925-681-4450
George & Cynthia Miller Center...925-313-7940
George Miller Center.................925-646-5710
National Alliance for the Mentally Ill (NAMI)
Northern CA Family Center........925-370-1909
Power Program (Dual Diagnosis)....925-685-7613
(Anka Behavioral Health)
Putnam Clubhouse..................925-691-4276
Second Nature Behavioral Health 510-610-4799
The Hume Center...................925-825-1793
YWCA Mental Health Program........925-372-4213

Multi-Service Centers
Monument Crisis Center.............925-825-7751
Multi-Service Center.................925-685-7613
(Anka Behavioral Health)
Trinity Center........................925-949-8712

Parenting Classes
C.O.P.E. Family Support Center......925-689-5811
Crockett Counseling Center........925-370-6544
Martinez Adult Education.............925-228-3276
Monument First 5 Center.............925-849-8861
Mt. Diablo Adult Education...........925-685-7340
Second Nature Behavioral Health 510-610-4799

Pregnancy
Birthright..........................925-798-7227
Black Infant Health (CCHS)........925-313-6254
Healthy Families America (CCHS)....925-313-6254
Healthy Start (CCHS)...............925-370-5495
Independent Adoption Center........925-827-2229
Medical Legal Partnership (FMCH)....800-880-8047
Options for Women..................925-827-0100
Planned Parenthood................91-800-230-7526
Prenatal Care Guidance..............925-313-6254
(Safely Surrendered Baby)...........1-800-833-2900

SUBSTANCE ABUSE & PREGNANCY
La Casa Ujima.......................925-229-0230
Ujima Central Mothers’ Program......925-691-5083

Rape/Victims of Crime
Central Family Justice Center........925-521-6366
Community Violence Solutions........1-800-670-7273
Crockett Counseling Center........925-370-6544
Discovery Counseling Center........925-837-0505
Rape, Abuse & Incest National Network..............................................1-800-553-7888
Second Nature Behavioral Health 510-610-4799
Victim Witness Assistance Program ....................................................925-957-8650

Senior Services
Adult Day Services Network........925-682-1000
Alzheimer’s Association...........1-800-272-3900
An Elderly Wish Foundation........925-978-1883
Caring Hands (John Muir)...........925-952-2999
CC Café (Hot lunch program)
Concord.........................925-825-1488
Martinez...........................925-640-2596
Pleasant Hill....................925-771-7641
Rossmoor.........................925-988-7703
San Ramon..................................925-973-3250
Wheatland..........................925-280-7310
Covia..................................925-956-7396
Eidercare Locator..................1-800-677-1116
Family Caringg Alliance.............1-800-445-8106
In Home Personal Assistance........925-945-8404
(Diablo Valley Foundation for the Aging)
Information & Assistance for Seniors & Dependent Adults.............1-800-510-2020

Jewish Family & Community Services of the East Bay............................925-927-2000
Meals-on-Wheels........................925-937-8607
Medicare Hotline....................1-800-633-4227
Mobility Matters.....................925-284-6164
Senior Food Program - Concord, Martinez, Walnut Creek (Food Bank) ....925-676-7543
Senior Outreach Services.........925-937-8311
Senior Peer Counseling.............925-521-5636
Social Security......................1-800-772-1213

Teen Services
Alateen................................925-932-6770
California Youth Crisis Line........1-800-843-5200
New Leaf Treatment Center........925-284-5200
(Substance Abuse Treatment)
Teen Services/SAFE Place...........1-800-718-4357
(Northern California Family Center)

Transportation
Bay Area Travel Information........51
BART..................................925-667-2278
County Connection/County Link.........925-676-7500
Education...............................925-284-6161
Monument Community Shuttle.......925-682-8248

Utility Assistance
California Alternate Rates for Energy (CARE) Program....................1-866-743-2273
Low-Income Home Energy Assistance Program (LIHEAP)............925-681-6380
Medical Baseline Program Relief for Energy........................................1-800-743-5000
REACH- Utility Assistance Program 925-676-6180
(Salvation Army-Concord)
Utility Shut-off Assistance........1-800-743-5000

Veterans
Contra Costa County Veterans Services..................................................925-313-1481
Concord Veterans Center.............925-680-4526
Martinez VA Outpatient Clinic.......925-372-2000
SHELTER, Inc.......................925-957-7579
Veterans Suicide Hotline...........1-800-273-8255

Volunteer Opportunities
Caring Hands (John Muir).............925-952-2999
Contra Costa Crisis Center........925-939-1916
Contra Costa Society for the Prevention of Cruelty to Animals........925-825-5156
Covia..................................925-956-7396
Food Bank of Contra Costa & Solano......925-676-7543
Meals on Wheels.....................925-937-8607
Mobility Matters.....................925-284-4831
Volunteer Opportunities............2-1-1

Need help and don’t know where to go? Call 2-1-1 or visit www.211cc.org

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