

Marzo 2017

www.211database.org

Guía de Recursos
Centro del Condado



Abuso y Negligencia

NIÑOS

Children's Protective Services .. 1-877-881-1116

ADULTOS, DEPENDIENTES Y ANCIANOS

Adult Protective Services 1-877-839-4347
Human Trafficking Prevention ... 1-800-670-7273
(Ombudsman of CCC)..... 925-685-2070
(Para pacientes en centros de cuidado extendido)

FAMILIAS

STAND! For Families Free of Violence
..... 1-888-215-5555

SIDA/VIH

AIDS Info 1-800-448-0440
Contra Costa AIDS Line 1-800-287-0200

Abuso de Alcohol y Drogas

Al-Anon 925-932-6770
Alcohol & Other Drugs ACCESS 1-800-846-1652
Alcoholics Anonymous 925-939-4155
DUI Programs 925-932-8100
(Alcohol & Drug Abuse Council of CCC)
Narcotics Anonymous 925-685-4357

CENTROS DE DESINTOXICACIÓN

BAART—California Detox Pgm. 925-522-0124
Frederick Ozanam Center 925-676-4840
Pueblos del Sol (Hombres) 925-676-2580
The Center for Recovery 925-674-4100
Thunder Road Adolescent Treatment Center
..... 510-653-5040

TRATAMIENTO DE DROGADICCIÓN

A Chance for Freedom (Bi-Bett) ... 925-685-7418
Crossroads Program Services .. 925-682-5704
La Casa - Ujima 925-229-0230
Power Program Central 925-685-7613
Ujima Central Mothers' Program .. 925-691-5083

PROGRAMAS PARA DEJAR DE FUMAR

California Smokers Helpline 1-800-662-8887
Tobacco Helpline 1-800-844-2439

Animales

ARF-Animal Rescue Foundation 1-800-567-1273
CCC Animal Services 925-335-8300
Contra Costa Humane Society .. 925-279-2247
Comida para Mascotas 925-676-7543

Cuidado de niños/Cuidado de niños en crisis

CC Child Care Council 925-676-5437
Head Start Programs/Child Care Services
(CCC Community Services Bureau)..... 925-313-1551

CUIDADO DE NIÑOS EN CRISIS

Bay Area Crisis Nursery (Edad 0-5) .. 925-685-8052
Safe Families (Edad 0-18)..... 925-556-8060

Fallecimiento

Consejería de Duelo 1-800-837-1818
(Contra Costa Crisis Center)
Hospice of the East Bay 925-887-5678

Servicios Dentales

Berkeley Free Clinic 1-800-625-4642
Contra Costa Health Services Clínicas Dentales
Bay Point Children's Dental 925-427-8302
Martinez 925-370-5300

Dental Hygiene Clinic 925-969-2692
(Diablo Valley College)
Denti-Cal/Medi-Cal Dental Pgm . 1-800-322-6384
La Clínica Monument 925-363-2005
Cuidado Dental para Desamparados (Concord)
..... 925-646-5016
University California San Francisco
Dental School 415-476-1891
University of the Pacific Dental Clinic
San Francisco 415-929-6501
Union City 510-489-5200

Servicios de Discapacidad

Adaptive Learning Center 925-827-3863
Adults with Disabilities Services
(Mt. Diablo Adult Ed.) 925-685-7340
California Children's Services 925-957-2680
CA Dept. of Rehabilitation 925-602-3953
Contra Costa ARC 925-370-1818
Developmental Disabilities Council . 925-313-6836
Futures Explored 925-825-0263
Independent Living Resource ... 925-363-7293
Regional Center of the East Bay . 925-691-2300
Social Security 1-800-772-1213
State Council on Developmental Disabilities
Bay Area 510-286-0439
We Care Services for Children . 925-671-0777

Educación y Alfabetización

CCC Regional Occupational Program (ROP)
..... 925-942-3368
Contra Costa County Library 1-800-984-4636
Contra Costa County Office of Education
..... 925-942-3388
Project Second Chance 925-927-3250
(Contra Costa Library)
Stride Center 510-234-1300

ESL/GED/EDUCACIÓN PARA ADULTOS

Acalanes Adult Education 925-280-3980
Martinez Adult Education 925-228-3276
Mt. Diablo Adult Education 925-685-7340

Servicios de Emergencia

American Red Cross 1-800-733-2767
California Poison Control System 1-800-222-1222
CCC Office Emergency Services . 925-646-4461
Emergency Broadcast System KCBS740AM
Hazardous Materials Incident Response
..... 925-335-3232
Health Emergency Hotline 1-888-959-9911

Empleo/Entrenamiento

CalJOBS—Internet www.caljobs.ca.gov
Child Care Job Bank 925-676-5442
(Child Care Council)
EASTBAY Works, America's Job Center of CA
Concord 925-671-4500
Experience Unlimited 925-602-0166
Monument Impact 925-682-8248
Unemployment Insurance, CA... 1-800-300-5616
Internet www.edd.ca.gov/Unemployment

Desalojo/ayuda de renta/embargo

ASISTENCIA: ORDEN DE DESALOJO/
PROPIETARIOS/INQUILINOS
ECHO Fair Housing 1-855-275-3246
(Excepto Concord, Pittsburg and Richmond)
CITACIÓN JUDICIAL DE DESALOJO
Bay Area Legal Aid 925-219-3325

EMBARGO DE VIVIENDA

Concord Family Service Center .. 925-825-3099
(Catholic Charities of East Bay)
Foreclosure Assistance – HUD... 415-484-6400
Housing & Economic Rights Advocates
..... 510-271-8443
National Foreclosure Hotline 1-888-995-4673
Pacific Community Services 925-439-1056

ASISTENCIA CON EL PAGO DE RENTA

Concord Family Service Center
(Catholic Charities of East Bay) 925-825-3099
Season of Sharing 925-521-5065
SHELTER, Inc. 925-338-1038

Asistencia Económica

CalWORKs (Families) 1-877-505-4630
General Assistance (Individuos) .. 1-877-505-4630

Alimentación

CalFresh (Food Stamps) 1-877-505-4630
EBT Card Services 1-877-328-9677
Food Bank of Contra Costa & Solano
Distribución de alimentos 925-676-7543
Food Pantries/Soup Kitchens 211
Loaves & Fishes Dining Martinez... 925-293-4792
WIC Program 925-646-5370
(Mujeres embarazadas, lactancia y niños 0-5 años)

Gay, Lesbiana, Bisexual, Transgenero

GLBT National Help Center 1-888-843-4564
Rainbow Community Center 925-692-0090

Asistencia Médica

Consejera de Salud 1-877-661-6230
Contra Costa Health Services Health Centers
Concord, Martinez 1-800-495-8885
Cuidado Médico para Desamparados Móvil
(CCHS) Call for locations/hours 925-313-6166

CLINICAS COMUNITARIAS

La Clínica Monument 925-363-2005
Planned Parenthood 1-800-230-7526
Concord, San Ramon, Walnut Creek
Respite Health Care Concord 925-313-6166
RotaCare Concord 925-429-6409

HOSPITALES

Contra Costa Regional Medical Center
..... 925-370-5000
John Muir Health Walnut Creek 925-939-3000
John Muir Health Concord 925-682-8200
Kaiser Medical Ctr Walnut Creek ... 925-295-4000
San Ramon Regional Medical Center
..... 925-275-9200

Seguro Medico

Aplicaciones de Medi-Cal 1-800-709-8348
Covered California 1-800-300-1506
..... www.coveredca.com
Child Health & Disability Prevention (CHDP)
..... 925-313-6150
HICAP 1-800-510-2020
(Health Insurance Counseling & Advocacy)
Kaiser Child Health Plan 1-800-464-4000
Patient Financial Counseling 1-800-771-4270
(Información sobre seguros de salud del Condado)

Marzo 2017

www.211database.org

Guía de Recursos Centro del Condado



Centros de Servicios Múltiples

Monument Crisis Center 925-825-7751
Multi-Service Center 925-685-7613
(Anka Behavioral Health) (Problemas mentales)
Trinity Center 925-949-8712

Personas Desamparadas

Bay Area Rescue Mission
Hombres 510-215-4868
Mujeres y Familias 510-215-4860
Berkeley Shelter Bed Hotline 1-866-960-2132
Calli House-Richmond (Joven, 14-21) 1-800-610-9400
Coordinated Outreach Referral and Engagement (CORE) 2-1-1
Ayuda para desamparados y referencias para albergues de Concord y Brookside.
GRIP Family Emergency Shelter ..510-233-2141
Monument Crisis Center 925-825-7751
Multi-Service Center 925-685-7613
(Anka Behavioral Health) (Problemas mentales)
SHELTER, Inc. 925-338-1038
Shepherd's Gate Brentwood 925-308-7507
Trinity Center 925-949-8712

Vivienda

Housing Authority Public Housing Wait List
(Excepto Richmond y Pittsburg) 925-957-8000
Housing Workshop/Shared Housing
(Independent Living Resources) 925-363-7293
Senior & Adults w/ Disabilities... 1-800-510-2020
SHELTER, Inc. 925-338-1038

Servicios para Inmigrantes

Cash Assistance Program for Immigrants
..... 1-877-505-4630
Citizenship Class 925-685-7340
(Mt. Diablo Adult Education)
Immigration & Naturalization Services
(Catholic Charities of the East Bay) 925-825-3099
Refugee & Immigrant Services .. 925-927-2000
(Jewish Family & Community Services of the East Bay)
Refugee Health Program 925-313-6893
U.S. Citizenship and Immigration Services
..... 1-800-375-5283

Información de Servicios

2-1-1 Contra Costa 211
(Contra Costa Crisis Center)
Information & Assistance for Seniors & Dependent Adults 1-800-510-2020

Servicios Legales y Mediación

Bay Area Legal Aid 924-219-3325
CCC Bar Association 925-825-5700
CCC Dept. of Child Support 1-866-901-3212
CC Senior Legal Services 925-609-7900
Family Law Facilitator 925-608-1000
(Consejería legal familiar (divorcio, manutención, etc.)
Victim Witness Assistance 925-957-8650

Clases para Padres

C.O.P.E. Family Support Center ..925-689-5811
Crockett Counseling Center 925-370-6544
Martinez Adult Education 925-228-3276
Monument First 5 Center 925-849-8861
Mt. Diablo Adult Education 925-685-7340
Second Nature Behavioral Health 510-610-4799

Salud Mental

Access Mental Health Appointment Line for Contra Costa County 1-888-678-7277
Adolescent, Adult & Children's Psychiatric Programs 1-800-680-6555
(John Muir Health Behavioral Health Center)
Community Counseling Center .. 925-798-9240
(John F. Kennedy University)
Consejero de Salud Mental(CCHS).925-957-5139
Contra Costa Crisis Center 1-800-833-2900
Crockett Counseling Center 925-370-6544
First Hope- CCHS 925-681-4450
George Miller Center 925-646-5710
National Alliance for the Mentally Ill (NAMI)
..... 925-942-0767
Power Program (Diagnóstico Doble) . . 925-685-7613
(Anka Behavioral Health)
Putnam Clubhouse 925-691-4276
The Hume Center 925-825-1793
YWCA Mental Health Program... 925-372-4213

Servicios de Internet a Bajo Costo

Access from AT&T 1-855-220-5211
Comcast Internet Essentials 1-855-846-8376

Embarazo

Black Infant Health (CCHS) 925-313-6254
Healthy Families America (CCHS) 925-313-6254
Healthy Start (CCHS) 925-370-5495
Independent Adoption Center 925-827-2229
Options for Women 925-827-0100
Planned Parenthood 1-800-230-7526
Prenatal Care Guidance 925-313-6254
(CC Health/First 5)
Safely Surrendered Baby 1-800-833-2900

EMBARAZO Y ABUSO DE SUSTANCIAS

La Casa Ujima 925-229-0230
Ujima Central Mothers' Program ..925-691-5083

Violación/Víctimas de Crimen

Community Violence Solutions . 1-800-670-7273
Rape, Abuse & Incest National Network
..... 1-800-656-4673
Discovery Counseling Center 925-837-0505
Victim Witness Assistance Program
..... 925-957-8650

Servicios para Ancianos

Adult Day Services Network 925-682-1000
Alzheimer's Association 1-800-272-3900
An Elderly Wish Foundation 925-978-1883
Caring Hands (John Muir) 925-952-2999
CC Café (Programa de almuerzo para ancianos)
Concord 925-825-1488
Martinez 925-646-2598
Pleasant Hill 925-771-7641
Rossmoor 925-988-7703
San Ramon 925-973-3250
Walnut Creek 925-280-7310
Eldercare Locator 1-800-677-1116
Family Caregiver Alliance 1-800-445-8106
In Home Personal Assistance.... 925-945-8040
(Diablo Valley Foundation for the Aging)
Information & Assistance for Seniors & Dependent Adults 1-800-510-2020
Meals-on-Wheels 925-937-8607
Medicare Hotline 1-800-633-4227
Mobility Matters 925-284-6161

Senior Food Program- Concord, Martinez, Walnut Creek (Food Bank) 925-676-7543
Senior Outreach Services 925-937-8311
Senior Peer Counseling 925-521-5653

Suicidio

Contra Costa Crisis Center 1-800-833-2900
Suicide Prevention Hotline 1-800-273-8255

Servicios para Adolescentes

Alateen 925-932-6770
California Youth Crisis Line 1-800-843-5200
New Leaf Treatment Center 925-284-5200
(Tratamiento de abuso de sustancia)
Teen Services/SAFE Place 1-800-718-4357
(Northern California Family Center)

Transportación

Bay Area Travel Information 511
BART 925-676-2278
County Connection/County Link ..925-676-7500
Mobility Matters 925-284-6161
Van Comunitaria de Monument.... 925-682-8248

Asistencia de Pago para Utilidades

California Alternate Rates for Energy (CARE) Program 1-866-743-2273
Low-Income Home Energy Assistance Program (LIHEAP) 925-681-6380
Medical Baseline Program Relief for Energy
..... 1-800-743-5000
REACH- Utility Assistance Prgrm.925-676-6180
(Salvation Army-Concord)
Utility Shut-off Assistance 1-800-743-5000

Veteranos

Contra Costa County Veterans Services
..... 925-313-1481
Concord Veterans Center 925-680-4526
Martinez VA Outpatient Clinic 925-372-2000
SHELTER, Inc. 925-957-7579
Veterans Suicide Hotline 1-800-273-8255

Oportunidades para Voluntarios

Caring Hands (John Muir) 925-952-2999
Mobility Matters 925-284-4831
Volunteer Opportunities 2-1-1

Necesita ayuda y no sabe a dónde ir?
Marque 2-1-1! o visite www.211database.org