Crisis and Suicide Intervention

Contra Costa Crisis Center ..........2-1-1
Provides 24-hour crisis/warm line support, and information and referral for community services. www.211cc.org

National Suicide Hotlines 1-800-273-8255
www.suicidepreventionlifeline.org

Disaster Preparedness/Response

American Red Cross ....1-866-272-2237
Provides assistance to disaster victims of fires and natural disasters and to military personnel and their families. Services include food, clothing, shelter, and medical supplies based on verified need. www.redcross.org/local/california/northern-california-coastal

Contra Costa County CAER (Community Awareness & Emergency Response ... 925-313-9296
Provides emergency preparedness and response training to the public. www.cococaer.org

Contra Costa County Sheriff's Office of Disaster Management ..........925-646-4461
Provides coordination, planning and support related to emergency preparedness and disaster management. www.cocosherriff.org/bureaus/support_services/emergency.htm

Community Emergency Response Team (CERT)
Trains members of neighborhoods, community organizations, or workplaces in basic response skills. Visit website to find the CERT point of contact nearest to you. www.contracostacert.org

Federal Emergency Management Agency (FEMA) ......... 1-800-621-3362
Works in partnership with the Cal OES to prepare for, respond to and recover from disasters. www.fema.gov

CA Office of Emergency Services (Cal OES) ................. 707-862-2358
Helps the counties of the coast from Del Norte to Monterey and the counties surrounding San Francisco Bay to prepare for, respond to and recover from disasters. www.caloes.ca.gov

Safe and Well – American Red Cross
Provides a database that allows disaster survivors who are alive following a disaster to post their name and medical condition for access by family members and friends, their current location and how to reach them. www.safeandwell.org

Emergency Notification Systems

National Weather Service
San Francisco Bay Area – Monterey, CA 831-656-1724
San Clara County
408-973-3500
NOAA WSS CCC Frequency
162.425 VHF

Bay Area Air Quality Management District
Regulates sources of air pollution in the nine counties that surround San Francisco Bay www.baairmd.gov

CA Office of Emergency Services Warning Center
916-845-8911
caloes.ca.gov/caloes-divisions/warning-center

Community Warning System (CWS)
Issues alerts in Contra Costa County that pose an imminent threat to life or health. www.cococwss.us
www.twitter.com/CoCoCWS

Contra Costa County Website
Provides emergency information. www.contracostacounty.ca.gov

Health Emergencies

Contra Costa Health Services (CCHS)
Health Emergency Information Line
1-888-959-9911
Provides recorded information in both English and Spanish on health emergencies and issues. www.cchealth.org

Centers for Disease Control and Prevention .................1-800-232-4636
Provides information and resources to protect public health and safety. www.cdc.gov

Contra Costa Crisis Center, provider of 211, partners with OES and CWS in case of a disaster to deliver official information to the public.

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Utility Assistance

811 Know what’s Below –
Call before you dig ................... 8-1-1
www.call811.com
Provides information about the location of
gas and electric lines, water mains,
telephone lines or other utility piping or
cabling.

Pacific Gas and Electric
(PG&E) ......................... 1-800-743-5000
www.pge.com
Provides information on power outages and
possible compensation for extended
outages for residential customers including
equipment assistance for vulnerable
populations.

Local Water Utilities
Central Contra Costa Sanitary District
...........................................925-228-9500
Contra Costa Water District
...........................................925-688-8044
Diablo Water District
...........................................925-625-3798
East Bay Municipal Utility District
................................................866-403-2683
Golden State Water Company
................................................800-999-4033

Some cities within Contra Costa County
provide water service to residents. Clients
should contact their local cities for their
water department.