East Contra Costa County Resource Guide

September 2018
www.211cc.org

Crisis/Suicide Intervention: 2-1-1

Dental Care
Berkeley Free Clinic .................................. 1-800-625-4642
Contra Costa Health Services Dental Clinics
Bay Point Children’s Dental .................................. 925-427-8302
Pittsburg .................................. 925-431-2501
Denti-Cal/Medi-Cal Dental Pgm .................................. 1-800-322-6384
La Clinica Pittsburg Dental Clinic .................................. 925-431-1251

Disability Services
California Children’s Services .................................. 925-313-6400
CA Dept. of Rehabilitation .................................. 925-754-7700
Contra Costa ARC .................................. 925-370-1818
Developmental Disabilities Council .................................. 925-313-6836
Futures Explored .................................. 925-825-0263
Hearing Loss Association of America - Diablo Valley & East Bay Chapter .................................. 925-264-1199
Independent Living Resource .................................. 925-363-7293
Regional Center of the East Bay .................................. 925-691-2300
Social Security .................................. 1-800-772-1213
State Council on Developmental Disabilities Bay Area .................................. 510-286-0439
We Care Services for Children .................................. 925-671-0777

Education & Literacy
CCC Regional Occupational Program (ROP) .................................. 925-942-3368
Contra Costa County Library .................................. 1-800-984-4636
Contra Costa County Office of Education .................................. 925-942-3388
Opportunity Junction .................................. 925-776-1133
Project Second Chance .................................. 925-754-8317
(Contra Costa Library)
ESL/GED/ADULT EDUCATION
Antioch Education .................................. 925-779-7490
Liberty Education .................................. 925-634-2565
Pittsburg Education .................................. 925-473-2400

Emergency Services
American Red Cross .................................. 1-800-272-2237
California Poison Control System .................................. 1-800-222-1222
CCC Office Emergency Services .................................. 925-646-4461
Emergency Broadcast System .................................. KCB8740AM
Hazardous Materials Incident Response .................................. 925-335-3232
Health Emergency Hotline .................................. 1-800-950-9911

Employment/Job Training
CalJOBS - Internet .................................. www.caljobs.ca.gov
Child Care Job Bank .................................. 925-676-5442
(Coco Kids)
Experience Unlimited .................................. 925-602-0166
Opportunity Junction .................................. 925-776-1133
SparkPoint Contra Costa East .................................. 925-252-2300
Unemployment Insurance, CA .................................. 1-800-300-5616
............... www.edd.ca.gov/unemployment

Evictions/Rent Assis./Foreclosures
EVICTION NOTICE ASSISTANCE/ LANDLORD TENANT ASSISTANCE
Bay Area Legal Aid .................................. 510-250-5270
ECHO Fair Housing .................................. 1-855-275-3246
(except Concord and Pittsburg)
Pacific Communities .................................. 925-439-1056
(Antioch, Pittsburg and Bay Point residents only)
FORECLOSURE ASSISTANCE
Foreclosure Assistance – HUD .................................. 415-489-6400
Housing & Economic Rights Advocates (HERA) .................................. 510-271-8443

National Foreclosure Hotline .................................. 1-888-995-4673
Pacific Community Services .................................. 925-439-1056

RENTAL ASSISTANCE
Concord Family Services Center .................................. 925-825-3099
(Catholic Charities of the East Bay)
Season of Sharing .................................. 925-521-5065
SHELTER, Inc. .................................. 925-338-1038

Financial Assistance
CalWORKS (families) .................................. 1-877-505-4630
General Assistance (Individuals) .................................. 1-877-505-4630

Food
CalFresh (Food Stamps) .................................. 1-877-505-4630
EBT Card Services .................................. 1-877-328-9677
Food Bank of Contra Costa & Solano
Groceries, pantry, meals .................................. 925-676-7543
Food Pantries/Soup Kitchens .................................. 2-1-1
Loaves & Fishes Dining Rooms .................................. 2-1-1
WIC Program – Brentwood .................................. 925-513-6880
WIC Program – Pittsburg .................................. 925-431-2460

Gay, Lesbian, Bisexual, Transgender
LGBT National Help Center .................................. 1-888-843-4564
Rainbow Community Center .................................. 925-692-0090

Health Care
Advice Nurse .................................. 1-877-661-6230
Contra Costa Health Services Health Centers
Antioch, Bay Point, Brentwood .................................. 1-800-495-8885
Health Care for the Homeless Mobile Van (CHS) Call for locations/hours .................................. 520-608-5300

COMMUNITY CLINICS
Brighter Beginnings - Family Health Clinic
Antioch .................................. 925-303-4780
La Clinica Oakley .................................. 925-776-8240
La Clinica Pittsburg .................................. 925-431-1251
Mobile Health Clinic (John Muir) .................................. 925-363-7588
Planned Parenthood – Antioch, Pittsburg .................................. 1-800-230-7526
RotaCare Clinic - Pittsburg .................................. 925-439-2009

HOSPITALS
Contra Costa Regional Medical Center .................................. 925-370-5000
Kaiser Medical Center .................................. 925-813-6500
Sutter Delta Medical Center .................................. 925-779-7200

Health Insurance
Covered California .................................. 1-800-300-1506
............... www.coveredca.com
Child Health & Disability Prevention (CHDP)
925-313-6150
(HI)CARE
1-800-510-2020
(Health Insurance Counseling & Advocacy)
Kaiser Child Health Plan .................................. 1-800-464-4000
Medi-Cal Fresh Applications .................................. 1-800-709-8348
Patient Financial Counseling .................................. 1-800-771-4270
(Information on County health insurance programs)

Homeless
Bay Area Rescue Mission
Men’s Shelter .................................. 510-215-4868
Women & Family Shelter .................................. 510-215-4860
Call House Richmond (Youth, 18-24) .................................. 1-800-610-9400
Coordinated Outreach Referral and Engagement (CORE) .................................. 2-1-1
Homeless outreach to encampments and referrals to Concord and Brookside Shelters.

© 2017-2018, Contra Costa Crisis Center, All Rights Reserved (Printing of Document Permitted)
# Community Health for Asian Americans

**John Muir Health Behavioral Health Center**

- Victim Witness Assistance
- Family Law Facilitator
- CCC Dept. of Child Support
- Lawyer Referral Service
- Catholic Immigration & Naturalization Services
- Pittsburg Adult Education
- Contra Costa Housing Authority
- Brentwood Adult Education
- Antioch Adult Education
- Independent Living Resources
- Housing Authority
- Brentwood

# Housing

- Community Health for Asian Americans
- John Muir Health Behavioral Health Center
- Family Advocate Mental Health (CCHS)
- First Hope (CCHS)
- National Alliance for the Mentally Ill (NAMI)
- The Hume Center

# Multi-Service Centers

- SparkPoint Contra Costa East... 925-252-2300
- Village Community Center... 925-626-7892

# Parenting Classes

- Antioch First 5 Center... 925-301-4052
- Brentwood First 5 Center... 925-516-3880
- East County First 5 Center... 925-301-4040
- O.C.P.E. Family Support Center... 925-689-5811
- Liberty Education... 925-634-2565
- Pittsburg Adult Education... 925-473-2400

# Pregnancy

- Birthright... 925-634-1586
- Black Infant Health (CCHS)... 925-313-6254
- Healthy Families America (CCHS)... 925-313-6254
- Healthy Start (CCHS)... 925-431-2345
- Independent Adoption Center... 925-827-2229
- Medical Legal Partnership (FMCH) 800-880-8047
- Planned Parenthood... 1-800-230-7526
- Prenatal Care Guidance... 925-313-6254
- (CC Health/First Step)
- Safely Surrendered Baby... 1-800-833-2900

# SUBSTANCE ABUSE & PREGNANCY

- Ujima East... 925-427-9100
- Wollam House... 925-427-1384

# Rape/Victims of Crime

- Community Violence Solutions... 1-800-670-7273
- Rape, Abuse & Incest National Network... 1-800-656-4673

# Victim Witness Assistance Program

- 925-957-860

# Senior Services

- Adult Day Services Network... 925-682-1000
- Alzheimer’s Association... 800-272-3900
- An Elderly Wish Foundation... 925-976-1833
- Caring Hands (John Muir)... 925-952-2999
- CC Cafes (Hot lunch program)
- Antioch... 925-757-7325
- Bay Point... 925-458-2662
- Brentwood... 925-634-5040
- Pittsburg... 925-439-2136
- Covia... 925-956-7396
- ElderCare Locator... 1-800-677-1116
- Family Caregiver Alliance... 1-800-445-8106
- Information & Assistance for Seniors & Dependent Adults... 1-800-510-2020
- In-Home Personal Assistance... 925-945-8040
- Meals-on-Wheels... 925-937-8007
- Medicare Hotline... 1-800-633-4227
- Mobility Matters... 925-284-6161
- Senior Food Program (Food Bank) Bay Point, Antioch, Brentwood, Oakley, Pittsburg, 925-676-7543
- Senior Outreach Services... 925-937-8311

# Security

- Contra Costa Crisis Center... 1-800-772-123

# Transportation

- Bay Area Travel Information... 1-888-743-2273
- Low-Income Home Energy Assistance Program (LIHEAP)... 925-681-6380
- Medical Baseline Program Relief for Energy... 1-800-743-5000
- Utility Shut-off Assistance... 1-800-743-5000

# Utility Assistance

- California Alternate Rates for Energy (CARE) Program... 1-866-743-2273
- Contra Costa County Veterans Services... 1-800-743-5000
- Concorde Veterans Center... 1-800-743-5000
- Martinez VA Outpatient Clinic... 925-372-2000
- SHELTER, Inc... 925-338-1038
- Veterans Suicide Hotline... 1-800-273-8255

# Volunteer Opportunities

- Caring Hands (John Muir)... 925-952-2999
- Contra Costa Crisis Center... 925-939-1916
- Contra Costa Society for the Prevention of Cruelty to Animals... 925-825-5156
- Covia... 925-956-7396
- Contra Costa County Veterans Services... 1-800-743-5000
- Meals on Wheels... 925-937-8607
- Mobility Matters... 925-284-4831
- Volunteer Opportunities... 211database.org

# Need help and don’t know where to go? Call 21-1 or visit www.211database.org

© 2017-2018, Contra Costa Crisis Center, All Rights Reserved (Printing of Document Permitted)