

Abuse/Rape/Substance Abuse

STAND! For Families Free Of Violence
 1-888-215-5555
Human Trafficking Prevention... 1-800-670-7273
 (Community Violence Solutions)
Alcohol & Other Drugs Access.. 1-800-846-1652

Animals

CCC Animal Services 925-608-8400
Contra Costa Humane Society .. 925-279-2247
Food Bank of CC & Solano 925-676-7543

Child Care

Coco Kids Central 925-676-5437
 East..... 925-778-5437
 West 510-758-5439
Child Care Service- Head Start (CCC Community Services Bureau) West..... 925-681-6300

CRISIS CHILD CARE

Bay Area Crisis Nursery (Ages 0-5) .. 925-685-8052
Dahlstrom House (Ages 6-11) 925-685-3695
Safe Refuge for Families (Ages 0-18)
 925-566-8050

Crisis/Suicide Intervention

Contra Costa Crisis Center 2-1-1
 Provides 24-hour crisis/warm line support.
National Suicide Hotlines..... 1-800-273-8255

Employment: Job Training

CCC Regional Occupational Pgm. .. 925-942-3368
Opportunity Junction 925-776-1133
The Stride Center 510-234-1300
Antioch Adult Education..... 925-779-7490
Liberty Adult Education 925-634-2565
Martinez Adult Education..... 925-228-3276
Mt. Diablo Adult Education 925-685-7340
Pittsburg Adult Education 925-473-2400
West Contra Costa Adult Ed...... 510-215-4666
 510-231-1453

Employment

Child Care Job Bank 925-676-5442
Experience Unlimited 925-602-0166
EASTBAY Works, America's Job Center of CA
 Concord 925-671-4500
Lao Family Community Development, Inc.
 (One-Stop Affiliate) 510-215-1220
RichmondWORKS One-Stop Ctr... 510-307-8014
SparkPoint Contra Costa East... 925-252-2300
SparkPoint Contra Costa West ... 510-779-3200

Evictions/Rent Assist./Foreclosures

EVICTION NOTICE TENANT RIGHTS/LANDLORD ASSISTANCE

Bay Area Legal Aid..... 510-250-5270
ECHO Fair Housing 1-855-275-3246
 (except for Concord & Pittsburg)
Housing & Economic Rights Advocates (HERA)
 1-800-735-2922
Pacific Community Services..... 925-439-1056
 (Only Antioch, Pittsburg and Bay Point)

FORECLOSURE ASSISTANCE

Foreclosure Assistance – HUD.. 415-489-6400
Housing & Economic Rights 510-271-8443
National Foreclosure Hotline 1-888-995-4673
Neighborhood Housing Service .. 510-237-6459
Pacific Community Services..... 925-439-1056

RENTAL ASSISTANCE

Concord Family Service Center .. 925-825-3099
Season of Sharing..... 925-521-5065
SHELTER, Inc...... 925-338-1038

Financial Assistance

CalWORKs/GA (Families/Individuals) 1-877-505-4630
Unemployment Insurance..... 1-800-300-5616

Food

Food Bank of Contra Costa & Solano
 (Groceries, pantries, meals) 1-855-309-3663
Food Pantries & Soup Kitchens 2-1-1
Loaves & Fishes Dining Rooms..... 925-293-4792
WIC Program..... 1-800-414-4942
 (Pregnant women, breastfeeding or with children 0-5)

Health Insurance

Child Health & Disability Prevention (CHDP)
 925-313-6150
Covered California 1-800-300-1506
HICAP 1-800-510-2020
 (Health Insurance Counseling and Advocacy)
Medi-Cal 1-800-709-8348
Patient Financial Counseling..... 1-800-771-4270
 (Information on County health insurance programs)

Health & Dental Care

Advice Nurse 1-877-661-6230
Brighter Beginnings - Family Health Clinic
 Antioch..... 925-303-4780
 Richmond 510-213-6681
CC Regional Medical Center 925-370-5000
CCC Health/Dental..... 1-800-495-8885
 Antioch, Bay Point, Brentwood, Concord, Martinez,
 North Richmond, Pittsburg, Richmond
Denti-Cal/Medi-Cal Dental Pgm. ... 1-800-322-6384
Dental Services Respite Concord... 925-608-5350
Health Care for the Homeless Mobile Van
 (CCHS) Call for locations/hours 925-608-5300
La Clínica Monument 925-363-2005
La Clínica Oakley..... 925-7768200
La Clínica Pittsburg..... 925-431-1251
Life Long Medical - Brookside
 Richmond 510-215-5001
 San Pablo..... 510-215-9092
 Pinole..... 510-981-3255
Medical Service Respite Concord ... 925-608-5300
Mobile Health Clinic (John Muir) 925-363-7588
Planned Parenthood 1-800-230-7526
 Antioch, Concord, San Ramon, Richmond, Walnut Creek
RotaCare – Concord 925-429-6409
 Pittsburg 925-439-2009
 Richmond 510-213-6678

Homeless Shelters/Drop-In Centers

Bay Area Rescue Mission Shelters
 Men 510-215-4868
 Women/families 510-215-4860
Calli House-Richmond (youth, 18-24) .1-800-610-9400
CORE Outreach Team 2-1-1
 Homeless outreach to encampments and referrals to
 Concord and Brookside Shelters.
Monument Crisis Center- CARE Capable
 Center..... 925-825-7751
Concord CARE Center..... 2-1-1
GRIP Family Emergency Shelter- CARE
 Center 510-233-2141

SHELTER, Inc...... 925-338-1038
Trinity Center CARE Center..... 925-949-8712

Housing

Contra Costa Housing Authority... 925-957-8000
Housing Authority Pittsburg 925-252-4830
Housing Authority Richmond..... 510-621-1300
Senior & Adults w/ Disabilities... 1-800-510-2020
SHELTER, Inc. 925-338-1038

Legal & Mediation Services

Bay Area Legal Aid..... 510-250-5270
Lawyer Referral Service..... 925-825-5700
 (Contra Costa County Bar Association)
CCC Dept. of Child Support 866-901-3212
CCC District Attorney..... 925-957-2200
CC Senior Legal Services 925-609-7900
Conflict Resolution/Mediation
 (Center for Human Development)..... 925-349-7344
Family Law Facilitator..... www.cc-courts.ca.gov
 (Divorce, child custody, support, paternity issues, help)

Mental Health

CC Mental Health Access Line .. 1-888-678-7277
Adolescent, Adult & Children's Psychiatric Programs (John Muir Health Ctr)..... 925-674-4265
Bay Area Psychotherapy Institute 925-284-2298
Brighter Beginnings - Family Health Clinic
 Antioch..... 925-303-4780
 Richmond 510-213-6681
Community Health for Asian Americans (CHAA)
 Antioch..... 925-778-1667
 Richmond 510-237-5777
Contra Costa Crisis Center..... 2-1-1
Crockett Counseling Center 925-370-6544
Family Advocate Mental Health ... 925-957-5139
First Hope (CCHS) 925-608-6550
National Alliance for the Mentally Ill (NAMI)
 925-942-0767
The Hume Center Richmond 510-778-2816
 Pittsburg 925-432-4118
 Concord 925-825-1793

Senior Services

CC Café (Hot lunch) 2-1-1
Information & Assistance for Seniors & Dependent Adults..... 1-800-510-2020
Meals-on-Wheels 925-937-8311
Medicare Hotline..... 1-800-633-4227
Mobility Matters 925-284-6161
Senior Outreach Services 925-937-8311
Well Connected 1-877-797-7299

Utility Assistance

California Alternate Rates for Energy (CARE) Program 1-866-743-2273
Low-Income Home Energy Assistance (LIHEAP) 925-681-6380
Medical Baseline Program Relief for Energy
 1-800-743-5000
Relief for Energy Asst. (REACH) .1-800-933-9677
Utility Shut-off Assistance 1-800-743-5000

Veterans

CCC Veterans Services..... 925-313-1481
Concord Veterans Center..... 925-680-4526
Martinez VA Outpatient Clinic..... 925-372-2000
Veterans Suicide Hotline..... 1-800-273-8255