

Abuso/Violacion/Abuso de drogas

STAND! For Families Free Of Violence
..... 1-888-215-5555
Human Trafficking Prevention... 1-800-670-7273
(Community Violence Solutions)
Alcohol & Other Drugs Access.. 1-800-846-1652

Animales

CCC Animal Shelter Central..... 925-335-8300
Este 925-779-6989
Oeste..... 510-374-3966
Contra Costa Humane Society .. 925-279-2247
Comida para mascotas 925-676-7543

Cuidado Infantil

CC Child Care Council Centro..... 925-676-5437
Este..... 925-778-5437
Oeste..... 510-758-5439
Child Care Service- Head Start
(CCC Community Services Bureau)
Centro/Este 925-427-8852
Oeste..... 510-374-7144

CUIDADO DE NIÑOS DURANTE CRISIS

Bay Area Crisis Nursery (Edades 0-5).. 925-685-8052
Safe Families (Edades 0-18) 925-556-8060

Empleo: Entrenamiento

CCC Regional Occupational Pgm.. 925-942-3368
Opportunity Junction 925-776-1133
The Stride Center 510-234-1300
Antioch Adult Education..... 925-779-7490
Liberty Adult Education 925-634-2565
Martinez Adult Education..... 925-228-3276
Mt. Diablo Adult Education 925-685-7340
Pittsburg Adult Education 925-473-2400
West Contra Costa Adult Ed...... 510-215-4666
..... 510-231-1453

Empleo

Child Care Job Bank 925-676-5442
Experience Unlimited 925-602-0166
EASTBAY Works, America's Job Center of CA
Antioch 925-706-4830
Brentwood 925-634-2195
Concord 925-671-4500
San Pablo 510-412-6740
Lao Family Community Development, Inc.
(One-Stop Affiliate) 510-215-1220
RichmondWorks 510-307-8014
SparkPoint Contra Costa East... 925-252-2331
SparkPoint Contra Costa West.... 510-779-3200

Desalojo/ayuda con renta/embargo vivienda

ASISTENCIA CON ORDEN DE DESALOJO

ECHO Fair Housing 1-855-275-3246
(Excluyendo Concord, Pittsburg y Richmond)
Pacific Community Services..... 925-439-1056

CITACIÓN JUDICIAL DE DESALOJO

Bay Area Legal Aid 510-250-5270

EMBARGO DE VIVIENDA

Concord Family Service Center (Caridades
Católicas)..... 925-825-3099
Foreclosure Assistance – HUD.. 415-489-6400
Housing & Economic Rights..... 510-271-8443
National Foreclosure Hotline 1-888-995-4673
Neighborhood Housing Service .. 510-237-6459
Pacific Community Services..... 925-439-1056

RENTAL ASSISTANCE

Caridades Catholicas 925-825-3099
Season of Sharing 925-521-5065
SHELTER, Inc. 925-338-1038

Asistencia Económica

CalWORKs/GA (Familias/Individuos) 1-877-505-4630
Community Housing Dev. Corp. .. 510-412-9290
Critical Family Needs 925-825-3099
Unemployment Insurance..... 1-800-300-5616

Alimentación

Bay Area Rescue Mission 510-215-4887
Food Bank of Contra Costa & Solano
(Distribución de alimentos)..... 1-855-309-3663
Food Pantries & Soup Kitchens 211
GRIP Souper Center 510-233-2141
Loaves & Fishes Dining Rooms.... 925-293-4792
WIC Program..... 1-800-414-4942
(Mujeres embarazadas, lactando o padres con niños 0-5 años)

Asistencia Medica & Servicios Dentales

Brighter Beginnings – Clínicas/Salud Familiar
Antioch..... 925-303-4780
Richmond 510-213-6681
CC Regional Medical Center 925-370-5000
CCC Health/Dental..... 1-800-495-8885
Antioch, Bay Point, Brentwood, Concord, Martinez,
N. Richmond, Pittsburg, Richmond
Clínica de Salud Móvil (John Muir) ... 925-363-7588
Clínica de Salud Móvil para Desamparados
(CCHS) Llame para hora/lugar 925-313-6166
Dental School UC San Francisco 415-476-1891
Dental School Univ. Pacific SF... 415-929-6501
Union City 510-489-5200
Denti-Cal/Medi-Cal Dental Pgm 1-800-322-6384
Enfermera de Consejo..... 1-877-661-6230
Health Emergency Hotline 1-888-959-9911
La Clínica Monument 925-363-2005
La Clínica Oakley..... 925-7768200
La Clínica Pittsburg Dental/Medical 925-431-1251
Life Long Medical-Brookside
Richmond 510-215-5001
San Pablo(Cuidado urgente y dental) .. 510-215-9092
Servicio Dental/Desamparados..... 925-646-5016
Servicio Médico/Desamparados 925-313-6166
Planned Parenthood..... 1-800-230-7526
RotaCare – Concord..... 925-429-6409
Pittsburg 925-439-2009
Richmond 510-213-6678

Seguro Médico

Child Health & Disability Prevention (CHDP)
..... 925-313-6150
Covered California 1-800-300-1506
HICAP..... 1-800-510-2020
(Health Insurance Counseling & Advocacy)
Medi-Cal 1-800-709-8348
Patient Financial Counseling..... 1-800-771-4270
(Información para coberturas de salud del condado)

Albergue/Centros de ayuda

Bay Area Rescue Mission Shelters
Hombres 510-215-4868
Mujeres/Familias 510-215-4860
Berkeley Shelter Bed Hotline 1-866-960-2132
Calli House-Richmond (Jóven, 18 - 24) .1-800-610-9400
CORE Outreach Team 2-1-1
Ayuda para desamparados y referencias para albergues
de Concord y Brookside.
Centros de Servicios Múltiples (Anka Behavioral
Health) Centro..... 925-685-7613

Oeste 510-232-7571
GRIP Emergency Family Shelter .. 510-233-2141
SHELTER, Inc...... 925-338-1038
Trinity Center 925-949-8712

Vivienda

Contra Costa Housing Authority... 925-957-8000
Housing Authority Pittsburg 925-252-4830
Housing Authority Richmond..... 510-621-1300
Senior & Adults w/ Disabilities... 1-800-510-2020
SHELTER, Inc...... 925-338-1038

PROPIETARIOS E INQUILINOS

Housing & Economic Rights Advocates
..... 510-271-8443
Pacific Community Services..... 925-439-1056

Servicios Legales y Mediación

Bay Area Legal Aid 510-250-5270
CCC Bar Association 925-825-5700
CCC Dept. of Child Support 866-901-3212
CCC District Attorney..... 925-957-2200
CC Senior Legal Services 925-609-7900
Family Law Facilitator 925-608-1000
(Consejería legal: divorcio, custodia, manutención, etc.)

Salud Mental

Access Mental Health Apt. Line.. 1-888-678-7277
Adolescent, Adult & Children's Psychiatric
Programs (John Muir)..... 1-800-680-6555
Community Counseling Center .. 925-798-9240
Community Health for Asian Americans (CHAA)
Antioch 925-778-1667
Richmond 510-237-5777
Contra Costa Linea de Crisis... 1-800-833-2900
Crockett Counseling Center 925-370-6544
Abogado de Salud Mental (CCHS) 925-957-5139
First Hope (CCHS) 925-681-4450
National Alliance for the Mentally Ill (NAMI)
..... 925-942-0767

Servicios para Ancianos

CC Café (almuerzo caliente) 211
Information & Assistance for Seniors &
Dependent Adults..... 1-800-510-2020
Meals-on-Wheels 925-937-8607
Medicare Hotline..... 1-800-633-4227
Mobility Matters 925-284-6161
Senior Outreach Services..... 925-937-8311
Seniors Without Walls 1-877-797-7299

Suicidio

Contra Costa Crisis Center..... 1-800-833-2900
Prevención de Suicidio 1-877-784-2432

Asistencia de pago para utilidades

California Alternate Rates for Energy (CARE)
Program 1-866-743-2273
Low-Income Home Energy Assistance
(LIHEAP) 925-681-6380
Medical Baseline Program Relief for Energy
..... 1-800-743-5000
Relief for Energy Asst. (REACH).. 1-800-933-9677
Utility Shut-off Assistance 1-800-743-5000

Veteranos

CCC Veterans Services..... 925-313-1481
Concord Veterans Center..... 925-680-4526
Martinez VA Outpatient Clinic..... 925-372-2000
SHELTER, Inc...... 925-338-1038
Veterans Suicide Hotline..... 1-800-273-8255