



Para su conveniencia esta guía de recursos tiene servicios fuera de este condado.

Centros de Ayuda y Asesoría

- Asian Community Mental Health (ACMH)**
..... 510-970-9750
- Calli House** 1-800-610-9400
- Community Violence Solutions (CVS)**
..... 1-800-670-7273
- Contra Costa Children and Family Services**
Antioch 925-522-7400
Pleasant Hill 925-602-9300
Richmond 510-231-8100
- Contra Costa County Office of Juvenile & Adult Probation**
Central 925-313-4000
Este 925-431-1600
Oeste 510-231-6500
- Familias Unidas** 510-412-5930
- Federal Bureau of Investigation Programa de Asistencia a Víctimas** 415-553-7400
- La Clínica de la Raza** Concord 925-363-2005
- Pittsburg 925-431-1251
- MISSEY, INC.** Oakland 510-251-2070
- Narika** Berkeley 1-800-215-7308
- STAND! For Families Free of Violence**
..... 1-888-215-5555
- Standing Against Global Exploitation (SAGE)**
San Francisco 415-905-5050

Empleo y Entrenamiento

- Asian Americans for Community Involvement (AACI)** San Jose 408-975-2730
- EASTBAY Works, America's Job Center of CA**
Antioch 925-706-4830
Brentwood 925-634-2195
Concord 925-671-4500
San Pablo 510-412-6740
- Experience Unlimited** 925-602-0166
- Goodwill Industries of the Greater East Bay**
..... 925-706-9024
- Lao Family Community Development, Inc.**
..... 510-215-1220
- Monument Impact** 925-682-8248
- Removing Barriers** 510-215-3189
(Quitar tatuajes)
- Richmond Works – Richmond** 510-307-8014
- Rubicon – Economic Empowerment**
Antioch 925-399-8990
Richmond 510-412-1725
- SparkPoint Bay Point** 925-252-2331
- SparkPoint Richmond** 510-779-3200
- St. Vincent de Paul** 925-439-5060
- The Stride Center** 510-234-1300

Asistencia Financiera

- CalFresh** (estampillas de comida) ... 1-877-505-4630
(Contra Costa Employment and Human Services)
- California Victim Compensation Program**
..... 1-800-777-9229
- Calli House** 1-800-610-9400
- CalWORKs** (familias) 1-877-505-4630
(Contra Costa Employment and Human Services)
- Contra Costa Cash Assistance for Refugees and Immigrants** 1-877-505-4630
- Asistencia para Víctimas de Crimen**
..... 925-957-8650
- General Assistance** (individuos) .. 1-877-505-4630
(Contra Costa Employment and Human Services)

Cuidado de Salud

- Aplicaciones de Medi-Cal** 1-800-709-8348
(Contra Costa Employment and Human Services)
- Enfermera de Consejo** 1-877-661-6230
- BAART Healthcare** Este 925-522-0124
- BAART Healthcare** Oeste 510-232-0874
- Berkeley Free Clinic** 1-800-625-4642
- Brighter Beginnings - Family Health Clinic**
Antioch 925-303-4780
Richmond 510-213-6681
- Calli House** 1-800-610-9400
- Centros de Salud de Contra Costa**
..... 1-800-495-8885
- Clínica Móvil** (John Muir) 925-363-7588
- Contra Costa Public Health Division**
..... 925-313-6767
- Contra Costa Regional Medical Center**
..... 925-370-5000
- Covered California** 1-800-300-1506
..... www.coveredca.com
- Cuidado Médico- Desamparados** .. 925-313-6166
- Face to Face: The National Domestic Violence Project** (Cirugía reconstructiva) 1-800-842-4546
- Healthcare for Homeless Mobile Van**
Llame para local/horarios 925-313-6166
- Kaiser Permanente Servicios de Emergencia**
Antioch 925-813-6500
Walnut Creek 925-295-4000
Richmond 510-307-1500
- La Clínica de la Raza**
Concord 925-363-2005
Oakland 510-535-4000
Oakley 925-776-8240
Pittsburg 925-431-1251
- Life Long Medical-Brookside**
Richmond 510-215-5001
San Pablo 510-215-9092
- Patient Financial Counseling**
(Seguro de salud) 1-800-771-4270
- Planned Parenthood** 1-800-230-7526
- Antioch 925-754-4550
Central Richmond 510-232-1250
Concord 925-676-0300
El Cerrito 510-527-5806
Hilltop Richmond 510-222-5290
Pittsburg 925-439-1237
San Ramon 925-838-2108
Walnut Creek 925-935-3010
- Refugee Health Program (CCHS)**
..... 925-313-6893
- RotaCare Clinics**
Cambridge Elementary School, Concord
Clínica: Jueves 5-9pm; Llamar: 1-2pm
..... 925-429-6409
- Family Justice Center, Richmond
Clínica: Martes 5:30-7:30pm, 2º & 4º Sabado
..... 510-213-6678
- Monument Crisis Center, Concord
Clínica: 1 y 3 Martes del mes. 5-9pm
..... 925-429-6409
- St. Vincent de Paul, Pittsburg
Clínica: Miércoles 4-7pm, 2º y 4º Sabado 9-12pm
..... 925-439-2009
- Women's Health Clinic, Concord
Clínica: 2º y 4º Martes 5-9pm
..... 925-429-6409
- St. James Infirmary S.F.** 415-554-8494
- Sutter Delta Medical Center** 925-779-7200

NUEVOS PADRES

- Black Infant Health (CCHS)** 925-313-6254
- Child Abuse Prevention Council** .. 925-798-0546
- Prenatal Care Guidance** 925-313-6254
(CC Health/First 5)
- Welcome Home Baby** 925-753-2156
(ASPIRAnet)

Vivienda/Albergue

CONDADO DE ALAMEDA

- Berkeley Shelter Bed Hotline** 1-866-960-2132
- Ruby's Place** Hayward 1-888-339-7233

CONDADO DE CONTRA COSTA

- Calli House** (Youth Shelter 18-24) 1-800-610-9400
- Stand for Families Free of Violence**
..... 1-888-215-5555

CONDADO DE MARIN

- Ambassadors of Hope and Opportunity**
Mill Valley 415-381-7173
- Center for Domestic Peace Home of Marin**
Abused Women's Services 415-924-6616

CONDADO DE SAN FRANCISCO

- Asian Women's Shelter (AWS)** 1-877-751-0880
- La Casa de Las Madres** 415-503-0500

CONDADO DE SAN MATEO

- Freedom House** 650-488-0831

CONDADO DE SOLANO

- Heather House** 707-427-8566
- Opportunity House** 707-447-1988
- SafeQuest** 1-866-487-7233
- The Christian Help Center** 707-553-8192

CONDADO DE SONOMA

- Catholic Charities Day Shelter** 707-525-0226
- Committee On The Shelterless (COTS)**
..... 707-765-6530
- Domestic Violence Safe House - YWCA**
..... 707-546-1234
- Sloan House** 707-569-0615
- Spare Room** 707-433-6161
- Wallace House** 707-894-2727
- Women's Justice Center** 707-575-3150

Servicio de Inmigración y Refugio

- Immigration & Citizenship Program**
(International Institute of the Bay Area) 925-237-8581
- Servicios de Inmigración y Naturalización**
(Catholic Charities of the East Bay) 925-825-3099
- La Raza Centro Legal** 415-575-3500
- Lao Family Community Development, Inc.**
..... 510-215-1220

Servicios Legales

- Alameda County Family Justice Center (ACFJC)** Oakland 510-267-8800
- Asian Pacific Islander Legal Outreach (APILO)**
Oakland 510-251-2846
- Bay Area Legal Aid** 1-800-551-5554
- CCC Dept. of Child Support** 1-866-901-3212
- Central Contra Costa Family Justice Center**
..... 925-521-6366
- Centro Legal de la Raza** Oakland ... 510-437-1554
- Family Law Facilitator** 925-608-1000
- Legal Services for Children (LSC)**
San Francisco 415-863-3762
- National Youth Law Center** 415-543-3379
- United States Attorney's Office** ... 415-436-7200
- Asistencia para Víctimas de Crimen**
..... 925-957-8650
(Contra Costa District Attorney's Office)



West Contra Costa Family Justice Center
..... 510-965-4949

Consejería de Salud Mental

A Step Forward 925-685-9670
Access Mental Health Appointment Line for Contra Costa County 1-888-678-7277
Asian Community Mental Health (ACMH) 510-970-9750
ASPIRAnet 925-753-2156
Center for Holistic Counseling 510-444-3344 (John F. Kennedy University)
Child and Adolescent Mental Health
 Clientes actuales de Salud Mental Contra Costa
 Centro 925-646-5468
 Este 925-427-8664
 Oeste 510-374-3261
Consejero de Salud Mental (CCHS) 925-957-5139

Contra Cost Adult Mental Health Services
 Clientes actuales Contra Costa Salud Mental
 Centro 925-646-5480
 Este 925-431-2600
 Oeste 510-215-3730
Contra Costa Crisis Center 1-800-833-2900
Community Counseling Center 925-798-9240 (John F. Kennedy University)
Community Health for Asian Americans (CHAA)
 Antioch 925-778-1667
 Richmond 510-233-7555

Early Childhood Mental Health Program 510-412-9200
Familias Unidas 510-412-5930
Kinship Supportive Services
 Centro 925-602-1750
 Este 925-222-2129
 Oeste 510-215-4671

Fred Finch Youth Center 510-439-3130
La Clinica de La Raza Oakland 510-535-4000
 Oakley 925-776-8240
Lynn Center Early Intervention Services
 Edades 0-6 925-439-9628
Power Program Diagnostico dual (Anka Behavioral Health) Centro 925-685-7613
 Oeste 510-232-7571

We Care Services for Children 925-671-0777
West Coast Children's Clinic Oakland 510-269-9030

Líneas Nacionales

National Domestic Violence Hotline 1-800-799-7233
National Human Trafficking Resource Center 1-888-373-7888
National Suicide Prevention Lifeline 1-800-273-8255

Abuso de Alcohol y Drogas

Al-Anon 1-888-425-2666
Alcohol & Other Drugs ACCESS 1-800-846-1652
Alcoholics Anonymous 925-939-4155
DUI Programs 925-932-8100 (Alcohol & Drug Abuse Council of CCC)
Narcotics Anonymous 925-685-4357

CENTROS DE DESINTOXICACION
BAART - Detoxification Program
 Richmond 510-232-0874
 Antioch 925-522-0124
East County Wollam House 925-427-1384
New Leaf Treatment Center 925-284-5200
Pueblos del Sol (Hombres) 925-676-2580
The Center for Recovery 925-674-4100

Thunder Road Adolescent Treatment Center 510-653-5040

TRATAMIENTO/CONSEJERIA

A Chance for Freedom (Bi-Bett) 925-685-7418
Crossroads Recovery Center 925-682-5704
La Casa - Ujima 925-229-0230
Power Program Diagnostico dual (Anka Behavioral Health) Centro 925-685-7613
 Oeste 510-232-7571
REACH Project - Antioch 925-754-3673
 Oakley 925-679-2504
The Rectory Women's Recovery Center-Ujima 510-236-3134
Ujima East 925-427-9100
Ujima Central Mothers' Program 925-691-5083
Ujima West 510-215-2280

PARA DEJAR DE FUMAR
California Smokers Helpline 1-800-662-8887
Tobacco Helpline 1-800-844-2439

Servicios de Apoyo

Afterhours Ministry Los Angeles 323-524-8044
Asian Americans for Community Involvement (AACI) San Jose 408-975-2730
Bilateral Safety Corridor Commission (BSCC)
 San Diego 619-336-0770
Calli House 1-800-610-9400
Coalition to Abolish Slavery and Trafficking (CAST) Los Angeles 213-365-1906
Community Against Sexual Harm (CASH)
 Sacramento 916-856-2900

FERST Multiservice Center
 (Anka Behavioral Health, Inc.)
 Centro 925-685-7613
 Oeste 510-232-7571

Homeless Outreach Project to Encampments (HOPE) 925-435-3650
Immigration and Customs Enforcement (I.C.E) 1-866-347-2423

Language Line Services- Interpretation 1-800-752-6096
Lao Family Community Development, Inc. 510-215-1220

Larking Street San Francisco 415-673-0911
Love Never Fails Dublin 510-776-3290
Monument Impact 925-682-8248
Monument Crisis Center 925-825-7751

Rainbow Community Center 925-692-0090
Reach Fellowship International (reentry women) 510-435-1355

SparkPoint Bay Point 925-252-2300
SparkPoint Richmond 510-779-3200

Servicios para Adolescentes

Berkeley Youth Alternatives 510-845-9010
California Youth Crisis Line 1-800-843-5200
Calli House (Youth Shelter) 1-800-610-9400
Child and Adolescent Mental Health

Clientes actuales de Contra Costa Salud Mental
 Centro 925-646-5468
 Este 925-427-8664
 Oeste 510-374-3261

Children of the Night Van Nuys 1-800-551-1300
Community Health for Asian Americans (CHAA) 510-233-7555
Community Violence Solutions (CVS) 1-800-670-7273

Contra Costa County Office of Juvenile & Adult Probation Central 925-313-4000
 Este 925-431-1600
 Oeste 510-231-6500

Covenant House 510-379-1010

Empowerment Program (Center for Human Development) 925-753-1004

Kinship Support Services (Uplift Family Services) Centro 925-602-1750
 Este 925-222-2129
 Oeste 510-215-4671

Fred Finch Youth Center 510-439-3130
Larking Street San Francisco 415-673-0911
Legal Services for Children 415-863-3762

MISSEY, INC. Oakland 510-251-2070
National Youth Law Center 415-543-3379
New Leaf Treatment Center 925-284-5200 (Tratamiento de alcohol y drogas)

Rainbow Community Center 925-692-0090
RYSE Youth Center 510-374-3401
San Diego Youth and Community Services (SDYCS) 619-221-8600
Teen Services/SAFE Place 1-800-718-4357 (Northern California Family Center)

Tubman House- Walking the Village
 Sacramento 916-372-6272
Thunder Roads Adolescent Treatment Center (Tratamiento de alcohol y drogas) 510-653-5040

Para información y referencias sobre servicios de salud y servicios humanos

Llame al 211

24/7 Español e Ingles

O vaya a:

www.211database.org

211 en Contra Costa es operado por el Contra Costa Crisis Center

Esta guía de recursos es un esfuerzo de colaboración entre el Contra Costa Crisis Center y Zero Tolerance for Domestic Violence Initiative.

Zero Tolerance for Domestic Violence: 925-313-1591

Página de internet: www.contracostazt.org

