



Para su conveniencia esta guía de recursos tiene servicios fuera de este condado.

Abuso de Alcohol y Drogas

- Al-Anon**..... 1-888-425-2666
- Alcohol & Other Drugs ACCESS** 1-800-846-1652
- Alcoholics Anonymous**..... 925-939-4155
- DUI Programs**..... 925-932-8100
(Alcohol & Drug Abuse Council of CCC)
- Narcotics Anonymous**..... 925-685-4357
- CENTROS DE DESINTOXICACION**
- BAART - Detoxification Program**
- Richmond..... 510-232-0874
- Antioch..... 925-522-0124
- East County Wollam House**..... 925-427-1384
- New Leaf Treatment Center**..... 925-284-5200
- Pueblos del Sol (Hombres)**..... 925-676-2580
- The Center for Recovery**..... 925-674-4100
- Thunder Road Adolescent Treatment Center**..... 510-653-5040

TRATAMIENTO/CONSEJERIA

- A Chance for Freedom (Bi-Bett)**..... 925-685-7418
- Crossroads Recovery Center**..... 925-682-5704
- La Casa - Ujima**..... 925-229-0230
- Power Program Diagnostico dual**
(Anka Behavioral Health) Centro..... 925-685-7613
- Oeste..... 510-232-7571
- REACH Project - Antioch**..... 925-754-3673
- Oakley..... 925-679-2504
- The Rectory Women's Recovery Center-Ujima**..... 510-236-3134
- 925-427-9100
- Ujima East**..... 925-427-9100
- Ujima Central Mothers' Program**..... 925-691-5083
- Ujima West**..... 510-215-2280

PARA DEJAR DE FUMAR

- California Smokers Helpline**..... 1-800-662-8887
- Tobacco Helpline**..... 1-800-844-2439

Albergues

CONDADO DE ALAMEDA

- Berkeley Shelter Bed Hotline**..... 1-866-960-2132
- Ruby's Place Hayward**..... 1-888-339-7233

CONDADO DE CONTRA COSTA

- Calli House (Youth Shelter 18-24)**..... 1-800-610-9400
- Stand! for Families Free of Violence** 1-888-215-5555

CONDADO DE MARIN

- Ambassadors of Hope and Opportunity**
Mill Valley..... 415-381-7173
- Center for Domestic Peace Home of Marin**
- Abused Women's Services**..... 415-924-6616

CONDADO DE SAN FRANCISCO

- Asian Women's Shelter (AWS)**..... 1-877-751-0880
- La Casa de Las Madres**..... 415-503-0500

CONDADO DE SAN MATEO

- Freedom House**..... 650-488-0831

CONDADO DE SOLANO

- Heather House**..... 707-427-8566
- Opportunity House**..... 707-447-1988
- SafeQuest**..... 1-866-487-7233
- The Christian Help Center**..... 707-553-8192

CONDADO DE SONOMA

- Catholic Charities Day Shelter**..... 707-525-0226
- Committee On The Shelterless (COTS)**
..... 707-765-6530
- Domestic Violence Safe House - YWCA**
..... 707-546-1234
- Sloan House**..... 707-569-0615
- Spare Room**..... 707-433-6161
- Wallace House**..... 707-894-2727
- Women's Justice Center**..... 707-575-3150

Asistencia Financiera

- CalFresh** (estampillas de comida) ... 1-877-505-4630
(Contra Costa Employment and Human Services)
- California Victim Compensation Program**
..... 1-800-777-9229
- Calli House**..... 1-800-610-9400
- CalWORKs** (familias)..... 1-877-505-4630
(Contra Costa Employment and Human Services)
- Contra Costa Cash Assistance for Refugees and Immigrants**..... 1-877-505-4630
- Asistencia para Víctimas de Crimen**
..... 925-957-8650
- General Assistance** (individuos) .. 1-877-505-4630
(Contra Costa Employment and Human Services)

Centros de Ayuda y Asesoría

- Asian Community Mental Health (ACMH)**
..... 510-970-9750
- Calli House**..... 1-800-610-9400
- Community Violence Solutions (CVS)**
..... 510-231-8100
- Contra Costa Children and Family Services**
- Antioch..... 925-522-7400
- Pleasant Hill..... 925-602-9300
- Richmond..... 510-231-8100
- Contra Costa County Office of Juvenile & Adult Probation**
- Central..... 925-313-4000
- Este..... 925-431-1600
- Oeste..... 510-231-6500
- Familias Unidas**..... 510-412-5930
- Federal Bureau of Investigation Programa de Asistencia a Víctimas**..... 415-553-7400
- La Clinica de la Raza** Concord..... 925-363-2005
- Pittsburg..... 925-431-1251
- MISSEY, INC.** Oakland..... 510-251-2070
- Narika** Berkeley..... 1-800-215-7308
- STAND! For Families Free of Violence**
..... 1-888-215-5555
- Standing Against Global Exploitation (SAGE)**
San Francisco..... 415-905-5050

Consejería de Salud Mental

- A Step Forward**..... 925-685-9670
- Access Mental Health Appointment Line for Contra Costa County**..... 1-888-678-7277
- Asian Community Mental Health (ACMH)**
..... 510-970-9750
- ASPIRAnet**..... 925-753-2156
- Center for Holistic Counseling**..... 510-444-3344
(John F. Kennedy University)
- Child and Adolescent Mental Health**
Clientes actuales de Salud Mental Contra Costa
- Centro..... 925-646-5468
- Este..... 925-427-8664
- Oeste..... 510-374-3261
- Consejero de Salud Mental (CCHS)**
..... 925-957-5139
- Contra Cost Adult Mental Health Services**
Clientes actuales Contra Costa Salud Mental
- Centro..... 925-646-5480
- Este..... 925-431-2600
- Oeste..... 510-215-3730
- Contra Costa Crisis Center**..... 1-800-833-2900
- Community Counseling Center**..... 925-798-9240
(John F. Kennedy University)
- Community Health for Asian Americans (CHAA)**
- Antioch..... 925-778-1667
- Richmond..... 510-233-7555
- Early Childhood Mental Health Program**
..... 510-412-9200
- Familias Unidas**..... 510-412-5930

Kinship Supportive Services

- Centro..... 925-602-1750
- Este..... 925-222-2129
- Oeste..... 510-215-4671
- Fred Finch Youth Center**..... 510-439-3130
- La Clinica de La Raza** Oakland..... 510-535-4000
- Oakley..... 925-776-8240
- Lynn Center Early Intervention Services**
- Edades 0-6..... 925-439-9628
- Power Program Diagnostico dual**
(Anka Behavioral Health) Centro..... 925-685-7613
- Oeste..... 510-232-7571
- We Care Services for Children** .. 925-671-0777
- West Coast Children's Clinic** Oakland
..... 510-269-9030

Cuidado de Salud

- Aplicaciones de Medi-Cal**..... 1-800-709-8348
(Contra Costa Employment and Human Services)
- BAART Healthcare** Este..... 925-522-0124
- BAART Healthcare** Oeste..... 510-232-0874
- Berkeley Free Clinic**..... 1-800-625-4642
- Brighter Beginnings - Family Health Clinic**
- Antioch..... 925-303-4780
- Richmond..... 510-213-6681
- Calli House**..... 1-800-610-9400
- Centros de Salud de Contra Costa**
..... 1-800-495-8885
- Clínica Móvil (John Muir)**..... 925-363-7588
- Contra Costa Public Health Division**
..... 925-608-5200
- Contra Costa Regional Medical Center**
..... 925-370-5000
- Covered California**..... 1-800-300-1506
www.coveredca.com
- Cuidado Medico- Desamparados**..... 925-313-6166
- Enfermera de Consejo**..... 1-877-661-6230
- Face to Face: The National Domestic Violence Project** (Cirugía reconstructiva)..... 1-800-842-4546
- Healthcare for Homeless Mobile Van**
Llame para local/horarios..... 925-608-5300
- Kaiser Permanente Servicios de Emergencia**
- Antioch..... 925-813-6500
- Walnut Creek..... 925-295-4000
- Richmond..... 510-307-1500
- La Clínica de la Raza**
- Concord..... 925-363-2005
- Oakland..... 510-535-4000
- Oakley..... 925-776-8240
- Pittsburg..... 925-431-1251
- Life Long Medical-Brookside**
- Richmond..... 510-215-5001
- San Pablo..... 510-215-9092
- Patient Financial Counseling**
(Seguro de salud)..... 1-800-771-4270
- Planned Parenthood**..... 1-800-230-7526
- Antioch..... 925-754-4550
- Central Richmond..... 510-232-1250
- Concord..... 925-676-0300
- El Cerrito..... 510-527-5806
- Hilltop Richmond..... 510-222-5290
- Pittsburg..... 925-439-1237
- San Ramon..... 925-838-2108
- Walnut Creek..... 925-935-3010
- Refugee Health Program (CCHS)**..... 925-313-6893
- RotaCare Clinics**
Cambridge Elementary School, Concord
Clínica: Jueves 5-9pm; Llamar: 1-2pm .925-429-6409
- Family Justice Center, Richmond
Clínica: Martes 5:30-7:30pm, 2º & 4º Sabado
..... 510-213-6678



Monument Crisis Center, Concord
Clínica: 1 y 3 Martes del mes. 5-9pm... 925-429-6409
St. Vincent de Paul, Pittsburg
Clínica: Miércoles 4-7pm, 2º y 4º Sabado 9-12pm
.....925-439-2009

Women's Health Clinic, Concord
Clínica: 2º y 4º Martes 5-9pm925-429-6409

St. James Infirmary S.F. 415-554-8494
Sutter Delta Medical Center 925-779-7200

NUEVOS PADRES

Black Infant Health(CCHS)..... 925-313-6254
Child Abuse Prevention Council.. 925-798-0546
Prenatal Care Guidance 925-313-6254
(CC Health/First 5)
Welcome Home Baby 925-753-2156
(ASPIRAnet)

Empleo y Entrenamiento

Asian Americans for Community Involvement (AACI) San Jose 408-975-2730
EASTBAY Works, America's Job Center of CA
Antioch 925-706-4830
Brentwood 925-634-2195
Concord 925-671-4500
San Pablo 510-412-6740
Experience Unlimited 925-602-0166
Goodwill Industries of the Greater East Bay
..... 925-706-9024

Lao Family Community Development, Inc.
..... 510-215-1220

Monument Impact 925-682-8248
Removing Barriers 510-215-3189
(Quitar tatuajes)

Richmond Works – Richmond... 510-307-8014
Rubicon – Economic Empowerment

Antioch 925-399-8990
Richmond..... 510-412-1725

SparkPoint Bay Point 925-252-2331

SparkPoint Richmond 510-779-3200

St. Vincent de Paul 925-439-5060

The Stride Center 510-234-1300

Intervención de Crisis/Suicidio

Contra Costa Crisis Center 1-800-833-2900
Provides 24-hour crisis/warm line support.

National Suicide Hotlines..... 1-800-273-8255

Líneas Nacionales

National Domestic Violence Hotline
..... 1-800-799-7233

National Human Trafficking Resource Center
..... 1-888-373-7888

National Suicide Prevention Lifeline
..... 1-800-273-8255

Servicios de Apoyo

Afterhours Ministry Los Angeles..... 323-524-8044

Asian Americans for Community Involvement (AACI) San Jose 408-975-2730

Bilateral Safety Corridor Commission (BSCC)
San Diego 619-336-0770

Calli House..... 1-800-610-9400

Centros de Servicios Múltiples (Anka Behavioral Health) Centro..... 925-685-7613
Oeste 510-232-7571

Coalition to Abolish Slavery and Trafficking (CAST) Los Angeles 213-365-1906

Community Against Sexual Harm (CASH)
Sacramento 916-856-2900

CORE Outreach Team 2-1-1

Ayuda para desamparados y referencias para albergues de Concord y Brookside.

Immigration and Customs Enforcement (I.C.E)
..... 1-866-347-2423

Language Line Services- Interpretation
..... 1-800-752-6096

Lao Family Community Development, Inc.
..... 510-215-1220

Larking Street San Francisco 415-673-0911

Love Never Fails Dublin..... 510-776-3290

Monument Impact 925-682-8248

Monument Crisis Center 925-825-7751

Rainbow Community Center 925-692-0090

Reach Fellowship International (reentry women)
..... 510-435-1355

SparkPoint Bay Point..... 925-252-2300

SparkPoint Richmond..... 510-779-3200

Servicio de Inmigración y Refugio

Immigration & Citizenship Program

(International Institute of the Bay Area)...925-237-8581

Servicios de Inmigración y Naturalización
(Catholic Charities of the East Bay) 925-825-3099

La Raza Centro Legal 415-575-3500

Lao Family Community Development, Inc.
..... 510-215-1220

Servicios Legales

Alameda County Family Justice Center (ACFJC) Oakland 510-267-8800

Asian Pacific Islander Legal Outreach (APILO)
Oakland..... 510-251-2846

Bay Area Legal Aid..... 1-800-551-5554

CCC Dept. of Child Support..... 1-866-901-3212

Central Contra Costa Family Justice Center
..... 925-521-6366

Centro Legal de la Raza Oakland ... 510-437-1554

Family Law Facilitator 925-608-1000

Legal Services for Children (LSC)
San Francisco 415-863-3762

National Youth Law Center 415-543-3379

United States Attorney's Office ... 415-436-7200

Asistencia para Víctimas de Crimen
..... 925-957-8650
(Contra Costa District Attorney's Office)

West Contra Costa Family Justice Center
..... 510-965-4949

Servicios para Adolescentes

Berkeley Youth Alternatives 510-845-9010

California Youth Crisis Line..... 1-800-843-5200

Calli House (Youth Shelter) 1-800-610-9400

Child and Adolescent Mental Health
Clientes actuales de Contra Costa Salud Mental

Centro 925-646-5468

Este 925-427-8664

Oeste 510-374-3261

Children of the Night Van Nuys 1-800-551-1300

Community Health for Asian Americans (CHAA)
..... 510-233-7555

Community Violence Solutions (CVS)
..... 1-800-670-7273

Contra Costa County Office of Juvenile & Adult Probation Central 925-313-4000

Este 925-431-1600

Oeste 510-231-6500

Covenant House 510-379-1010

Empowerment Program (Center for Human Development) 925-753-1004

Kinship Support Services (Uplift Family Services)

Centro 925-602-1750

Este 925-222-2129

Oeste 510-215-4671

Fred Finch Youth Center 510-439-3130

Larking Street San Francisco 415-673-0911

Legal Services for Children 415-863-3762

MISSEY, INC. Oakland..... 510-251-2070

National Youth Law Center 415-543-3379

New Leaf Treatment Center 925-284-5200
(Tratamiento de alcohol y drogas)

Rainbow Community Center 925-692-0090

RYSE Youth Center..... 510-374-3401

San Diego Youth and Community Services (SDYCS) 619-221-8600

Teen Services/SAFE Place..... 1-800-718-4357
(Northern California Family Center)

Tubman House- Walking the Village
Sacramento 916-372-6272

Thunder Roads Adolescent Treatment Center
(Tratamiento de alcohol y drogas) 510-653-5040

Para información y referencias sobre servicios de salud y servicios humanos

Llame al 211

24/7 Español e Ingles

O vaya a:

www.211database.org

211 en Contra Costa es operado por el Contra Costa Crisis Center

Esta guía de recursos es un esfuerzo de colaboración entre el Contra Costa Crisis Center y Zero Tolerance for Domestic Violence Initiative.

Zero Tolerance for Domestic Violence: 925-313-1591

Página de internet:

www.contracostazt.org

