

**Albergues/Centros para Desamparados**

**Bay Area Rescue Mission Shelters**

Hombres..... 510-215-4868  
Mujeres/familias..... 510-215-4860  
**Berkeley Shelter Bed Hotline** ..... 1-866-960-2132  
**Calli House** adolescentes, 18-24 ..... 1-800-610-9400  
**CORE Outreach Team** ..... 2-1-1  
(Asistencia y referencia para desamparados incluyendo albergues del condado.)

**Monument Crisis Center** .....925-825-7751  
**Multi-Service Centers** (Anka Behavioral Health)  
Central .....925-685-7613  
Oeste..... 510-232-7571  
**GRIP Family Emergency Shelter** ..510-233-2141  
**SHELTER, Inc.**.....925-338-1038  
**Trinity Center** ..... 925-949-8712

**Asistencia de Vivienda y Renta**

**Housing Authority of Contra Costa County**  
(Administración) .....925-957-8000  
**Pittsburg Housing Authority** .....925-252-4830  
**Richmond Housing Authority** .....510-621-1300

**PROPRIETARIOS/INQUILINOS/ORDENES DE DESALOJO**

**Bay Area Legal Aid** ..... 510-250-5270  
**ECHO Fair Housing** .....1-855-275-3246  
(excepto residentes de Concord y Pittsburg)  
**Pacific Community Services**.....925-439-1056  
(solo Antioch, Pittsburg y Bay Point)  
**Housing and Economic Advocates (HERA)**  
..... 510-271-8443

**EMBARGO DE VIVIENDA**

**Concord Family Service Center** ..925-825-3099  
**Foreclosure Assistance – HUD** ..415-489-6400  
**Housing & Economic Rights** .....510-271-8443  
**National Foreclosure Hotline** ..... 1-888-995-4673  
**Neighborhood Housing Service** ..510-237-6459  
**Pacific Community Services**.....925-439-1056

**ASISTENCIA CON EL PAGO DE RENTA**

**Concord Family Service Center** ..925-825-3099  
(Caridades Católicas)  
**Season of Sharing** ..... 925-521-5065  
**SHELTER, Inc.** .....925-338-1038

**Asistencia Financiera**

**CalFresh** (estampillas de comida) .. 1-877-505-4630  
(Contra Costa Employment and Human Services)  
**California Victim Compensation Program**  
..... 1-800-777-9229  
**CalWORKs** (familias).....1-877-505-4630  
(Contra Costa Employment and Human Services)  
**Contra Costa Cash Assistance for Refugees and Immigrants (CAPI)** ..... 1-877-505-4630  
**Victim Witness Assistance Program**  
..... 925-957-8650  
**General Assistance** (Individuos) .. 1-877-505-4630  
(Contra Costa Employment and Human Services)

**Cobertura Médica**

**Child Health & Disability Prevention (CHDP)**  
.....925-313-6150  
**Covered California** .....1-800-300-1506  
**Denti-Cal/Medi-Cal Dental Program**  
..... 1-800-322-6384  
**HICAP** .....1-800-510-2020  
(Health Insurance Counseling and Advocacy)  
**Kaiser Child Health Plan** ..... 1-800-464-4000

**Medi-Cal Access Program**

..... 1-800-433-2611  
(Cobertura de cuidado prenatal a bajo costo para quienes su ingreso es muy alto o personas con seguro médico con un deducible de \$500 o más)  
**Aplicaciones de Medi-Cal** .....1-800-709-8348  
(Contra Costa Employment and Human Services)  
**Consejeros Financieros** ..... 1-800-771-4270  
(Información de programas de cobertura del condado)

**Comida**

**Bay Area Rescue Mission** ..... 510-215-4887  
**CalFresh** (estampillas de comida) .. 1-877-505-4630  
(Contra Costa Employment and Human Services)  
**Food Bank of Contra Costa & Solano**  
(Comida y despensa) .....1-855-309-3663  
**Food Pantries & Soup Kitchens** ..... 2-1-1  
**GRIP Souper Center** .....510-233-2141  
**Loaves & Fishes Dining Rooms**.... 925-293-4792  
**WIC Program**..... 1-800-414-4942  
(Mujeres embarazadas, lactancia y niños 0-5 años)

**Conozca Sus Derechos**

**Immigrant Legal Resource Center**..415-255-9499  
[www.ilrc.org/red-cards](http://www.ilrc.org/red-cards)  
[www.ilrc.org/family-preparedness-plan](http://www.ilrc.org/family-preparedness-plan)

**Consejería de Salud Mental**

**A Step Forward** ..... 925-685-9670  
**Access Mental Health Appointment Line for Contra Costa County**..... 1-888-678-7277  
**Child and Adolescent Mental Health**  
Clientes actuales de Salud Mental del condado  
Central ..... 925-646-5468  
Este ..... 925-427-8664  
Oeste ..... 510-374-3261  
**Contra Cost Adult Mental Health Services**  
Clientes actuales de Salud Mental del condado  
Central .....925-646-5480  
Este ..... 925-431-2600  
Oeste ..... 510-215-3730  
**Contra Costa Crisis Center**..... 1-800-833-2900  
**Community Counseling Center** ....925-798-9240  
(John F. Kennedy University)  
**Community Health for Asian Americans (CHAA)**  
Antioch..... 925-778-1667  
Richmond..... 510-233-7555  
**Crockett Counseling Center**..... 925-370-6544  
**Discovery Counseling Center**..... 925-837-0505  
**Early Childhood Mental Health Program**  
..... 510-412-9200  
**Familias Unidas** ..... 510-412-5930  
**Family Advocate Mental Health (CCHS)**  
..... 925-957-5139  
**Fred Finch Youth Center** ..... 510-439-3130  
**General Counseling Program** (Northern CA Family Center) ..... 925-370-1990  
**Second Nature Behavioral Health Services**  
Richmond/Walnut Creek .....510-610-4799  
**The Hume Center** Concord ..... 925-825-1793  
Pittsburg ..... 925-432-4118  
**Touchstone Counseling Center** ..925-932-0150  
**We Care Services for Children** ..925-671-0777  
**YWCA Mental Health Program** ..... 925-372-4213

**Consejería Legal**

**Catholic Charities of the East Bay**  
Concord ..... 925-825-3099  
Richmond ..... 510-234-5110  
**East Bay Sanctuary Covenant** .... 510-540-5296  
**International Institute of the Bay Area**

Antioch ..... 925-237-8581  
Oakland..... 510-451-2846  
**Korean Community Center of the East Bay**  
..... 510-547-2662  
**Oakland Catholic Worker** .....510-533-7375  
**Refugee and Immigrant Services** (Jewish Family & Community Services of the East Bay) .925-927-2000  
**Bay Area Legal Aid**..... 1-800-551-5554

**Deportación/Detención**

**Contra Costa Detention Facilities**

Marsh Creek Detention Facility ..... 925-646-5700  
Martinez Detention Facility .....925-335-4600  
West County Detention Facility .....510-262-4200  
**Enforcement and Removal Operations (ERO)**  
San Francisco ICE Detention ..... 1-888-351-4024  
**U.S. Department of Homeland Security**  
(reportes criminales) ..... 1-866-347-2423

**Educación/GED**

**Acalanes Adult Education** ..... 925-280-3980  
**Antioch Adult Education** .....925-779-7490  
**Liberty Adult Education** .....925-634-2565  
**Literacy for Every Adult Program (LEAP)**  
(Richmond Public Library) .....510-307-8084  
**Martinez Adult Education**..... 925-228-3276  
**Mt. Diablo Adult Education** .....925-685-7340  
**Pittsburg Adult Education** .....925-473-2400  
**Project Second Chance** Central .. 925-927-3250  
Este ..... 925-754-8317  
Oeste ..... 510-527-7558  
(Contra Costa Library) Instrucción de alfabetizo individual gratis y confidencial.  
**West Contra Costa Adult Ed.**..... 510-231-1453  
..... 510-231-1444

**Entrenamiento y Servicios para Empleo**

**Antioch Adult Education** .....925-779-7490  
**Asian Americans for Community Involvement (AACI) San Jose** ..... 408-975-2730  
**Child Care Job Bank** ..... 925-676-5442  
**CCC Regional Occupational Pgm.**.....925-942-3368  
**EASTBAY Works, America's Job Center of CA**  
Antioch ..... 925-706-4830  
Brentwood..... 925-634-2195  
Concord ..... 925-671-4500  
San Pablo .....510-412-6740  
**Experience Unlimited** ..... 925-602-0166  
**Goodwill Industries of the Greater East Bay**  
..... 925-706-9024  
**Lao Family Community Development, Inc.**  
Busqueda de Empleo ..... 510-215-1220  
**Liberty Adult Education** .....925-634-2565  
**Martinez Adult Education** .....925-228-3276  
**Monument Impact** ..... 925-682-8248  
**Mt. Diablo Adult Education** .....925-685-7340  
**Opportunity Junction** ..... 925-776-1133  
**Pittsburg Adult Education** .....925-473-2400  
**Removing Barriers** ..... 510-215-3189  
(Remover de tatuajes)  
**Richmond Works** ..... 510-307-8014  
**Rubicon**  
Antioch .....925-399-8990  
Richmond..... 510-412-1725  
**SparkPoint Bay Point** .....925-252-2300  
**SparkPoint Richmond** ..... 510-779-3200  
**St. Vincent de Paul** .....925-439-5060  
**The Stride Center** ..... 510-234-1300  
**West Contra Costa Adult Ed.**..... 510-215-4666  
..... 510-231-1453



**Intervención de Crisis y Suicidio**

**Contra Costa Crisis Center** ..... 1-800-833-2900  
Provee línea de crisis 24 horas al día.  
**National Suicide Hotlines**..... 1-800-273-8255  
Provee línea de crisis 24 horas al día.

**Servicios de Apoyo Familiar**

**Antioch First 5 Center** ..... 925-757-5303  
**Bay Point First 5 Center** ..... 925-709-0874  
**Catholic Charities of the East Bay**  
Concord..... 925-825-3099  
Richmond..... 510-234-5110  
**Contra Costa 211 (Info. & Referral)**..... 2-1-1  
**Delta First 5 Center**..... 925-516-3880  
**East Bay Sanctuary Covenant** .... 510-540-5296  
**Jewish Family & Community Services of the East Bay** ..... 925-927-2000  
**Lao Family Community Development, Inc.**  
..... 510-215-1220  
**Monument Crisis Center** ..... 925-825-7751  
**Monument Community First 5 Center** 925-849-8861  
**Multi-Service Centers**  
(Anka Behavioral Health, Inc.) Central.... 925-685-7613  
Oeste..... 510-232-7571  
**SparkPoint Bay Point**..... 925-252-2300  
**SparkPoint Richmond**..... 510-779-3200  
**West County First 5 Richmond Center** 510-233-5890  
**West County First 5 San Pablo Center**.. 510-232-5650

**Servicios de Inmigración/Refugio**

**Asian Family Resource Center**.....510-970-9750  
**Catholic Charities of the East Bay**  
Concord ..... 925-825-3099  
Richmond ..... 510-234-5110  
**East Bay Sanctuary Covenant** .... 510-540-5296  
**International Institute of the Bay Area**  
Antioch ..... 925-237-8581  
Oakland..... 510-451-2846  
**Korean Community Center of the East Bay**  
..... 510-547-2662  
**Lao Family Community Development, Inc.**  
..... 510-215-1220  
**Oakland Catholic Worker** .....510-533-7375  
**Refugee and Immigrant Services (Jewish Family & Community Services of the East Bay)**  
.....925-927-2000  
**U.S. Citizenship and Immigration Services**  
[www.uscis.gov](http://www.uscis.gov)..... 1-800-375-5283

**Servicios Medicos**

**Consejera de Salud (CCHP)**..... 1-877-661-6230  
**BAART Healthcare East** ..... 925-522-0124  
**BAART Healthcare West** ..... 510-232-0874  
**Berkeley Free Clinic** ..... 1-800-625-4642  
**Brighter Beginnings - Family Health Clinic**  
Antioch..... 925-303-4780  
Richmond ..... 510-213-6681  
**Contra Costa County Centros de Salud**  
..... 1-800-495-8885  
**Contra Costa Regional Medical Center**  
..... 925-370-5000  
**Face to Face: The National Domestic Violence Project** (cirugía reconstructiva facial)... 1-800-842-4546  
**Health Care for the Homeless Mobile Van**  
(CCHS) Llame para lugar/horario .....925-608-5300

**Kaiser Permanente Emergency Services**

Antioch ..... 925-813-6500  
Walnut Creek ..... 925-295-4000  
Richmond ..... 510-307-1500

**La Clínica de la Raza**

Concord..... 925-363-2005  
Oakland ..... 510-535-4000  
Oakley ..... 925-776-8240  
Pittsburg ..... 925-431-1251

**Life Long Medical-Brookside**

Richmond ..... 510-215-5001  
San Pablo..... 510-215-9092

**Mobile Health Clinic (John Muir)** .... 925-363-7588

**Operation Access** ..... 415-733-0052

(Cirugía gratis de paciente externo, sin seguro médico, no debe calificar para Medi-Cal, Medicare, quien tenga menos de \$5,000 en ahorros. Y debe ser referido por un doctor)

**RotaCare – Concord** ..... 925-429-6409

Pittsburg ..... 925-439-2009

Richmond ..... 510-213-6678

**Refugee Health Program (CCHS)**..925-313-6893

**Planned Parenthood** .....1-800-230-7526

Antioch ..... 925-754-4550

Central Richmond ..... 510-232-1250

Concord ..... 925-676-0300

El Cerrito ..... 510-527-5806

Hilltop Richmond ..... 510-222-5290

Pittsburg ..... 925-439-1237

San Ramon ..... 925-838-2108

Walnut Creek ..... 925-935-3010

**Respite Health Care Concord** ..... 925-608-5300

**Sutter Delta Medical Center** ..... 925-779-7200

**NUEVOS PADRES**

**Black Infant Health (CCHS)** ..... 925-313-6254

**Child Abuse Prevention Council.** 925-798-0546

**Prenatal Care Guidance (CCHS)** .. 925-313-6254

**Welcome Home Baby (ASPIRAnet)**.. 925-753-2156

**Trafico y Abuso de Personas**

**Central Contra Costa Family Justice Center**

..... 925-521-6366

**Human Trafficking Prevention**... 1-800-670-7273

(Community Violence Solutions)

**National Domestic Violence Hotline**

..... 1-800-799-7233

**National Human Trafficking Resource Center**

(Polaris Project) .....1-888-373-7888

**STAND! For Families Free Of Violence**

..... 1-888-215-5555

**Victim Witness Assistance** ..... 925-957-8650

(Contra Costa District Attorney's Office)

**West Contra Costa Family Justice Center**

..... 510-974-7200

Para información y referencias de servicios de salud y sociales:

**Marque 2-1-1**

**24/7 Español y Ingles**

Visite nuestra página:

[www.211database.org](http://www.211database.org)

211 en Contra Costa es operado por el Contra Costa Crisis Center.

**Esta guía de recursos es un esfuerzo colaborativo entre**  
**Contra Costa Crisis Center y**  
**First 5 Contra Costa**

