

Abuse

CHILDREN

Children's Protective Services .. 1-877-881-1116

ADULTS

Adult Protective Services 1-877-839-4347

Human Trafficking Prevention... 1-800-670-7273

(Community Violence Solutions)

Ombudsman of CCC..... 925-685-2070

(For patients in long-term care facilities)

FAMILIES

STAND! For Families Free of Violence

..... 1-888-215-5555

AIDS/HIV

AIDS Info 1-800-448-0440

Contra Costa AIDS Line 925-313-6771

Alcohol & Drug Abuse

Al-Anon..... 510-528-4379

Alcohol & Other Drugs ACCESS 1-800-846-1652

Alcoholics Anonymous 925-939-4155

DUI Programs 925-932-8100

(Alcohol & Drug Abuse Council of Contra Costa, Inc.)

Narcotics Anonymous 925-685-4357

DETOX TREATMENT CENTERS

BAART - Detoxification Pgm..... 510-232-0874

Bay Area Rescue Mission 510-215-4868

Thunder Road Adolescent Treatment Center

..... 510-653-5040

TREATMENT / COUNSELING

Gateway AOD Services (BACR) 510-235-2887

Power Program 510-232-7571

Ujima West 510-215-2280

SMOKING CESSATION

California Smokers Helpline 1-800-662-8887

Tobacco Hotline 1-800-844-2439

Animals

CCC Animal Services - Pinole ... 925-608-8400

Contra Costa Humane Society ... 925-279-2247

Pet Food Assistance Program ... 925-676-7543

Child Care/Crisis Child Care

Coco Kids 510-758-5439

Head Start Programs/Child Care Services

(CCC Community Services Bureau) 681-6300

CRISIS CHILD CARE

Bay Area Crisis Nursery (Ages 0-5) .. 925-685-8052

Dahlstrom House (Ages 6-11) 925-685-3695

Safe Families (Ages 0-18)..... 925-566-8050

Crisis and Suicide Intervention

Contra Costa Crisis Center 2-1-1

Provides 24-hour crisis/warm line support.

National Suicide Hotlines..... 1-800-273-8255

Death & Dying

Grief Counseling 2-1-1

(Contra Costa Crisis Center)

Hospice of the East Bay..... 925-887-5678

Dental Care

Berkeley Free Clinic..... 1-800-625-4642

Contra Costa Health Services Dental Clinics

West County Health Center 510-231-9540

Denti-Cal/Medi-Cal Dental Pgm. 1-800-322-6384

Life Long Medical

San Pablo 510-215-9092

Pinole 510-981-3255

Disability Services

California Children's Services ... 925-313-6400

CA Dept. of Rehabilitation 510-232-7062

Contra Costa ARC 925-370-1818

Developmental Disabilities Council 925-313-6836

Hawkins Center 510-232-6611

Hearing Loss Association of America - Diablo

Valley & East Bay Chapter 925-264-1199

Independent Living Resource..... 925-363-7293

Regional Center of the East Bay... 925-691-2300

Social Security..... 1-800-772-1213

State Council on Developmental Disabilities

Bay Area..... 510-286-0439

We Care Services for Children . 925-671-0777

Education & Literacy

CCC Regional Occupational Program (ROP)

..... 925-942-3368

Richmond Public Library 510-620-6561

Contra Costa County Office of Education

..... 925-942-3388

Family Literacy Program 510-236-3900

(Catholic Charities of the East Bay)

Literacy for Every Adult 510-307-8084

(Richmond Public Library)

Project Second Chance 510-307-9937

ESL/GED/ADULT EDUCATION

Lao Family Community Services.. 510-215-1220

West Contra Costa Adult Ed. 510-215-4666

..... 510-231-1453

Emergency Services

American Red Cross 1-800-733-2767

California Poison Control Center . 1-800-222-1222

CCC Office Emergency Services... 925-646-4461

Emergency Broadcast System ... KCBS740AM

Hazardous Materials Incident Response

..... 925-335-3232

Health Emergency Hotline

..... 1-888-959-9911

Employment/Job Training

Asian Family Resource Center ... 510-869-6000

CalJOBS - Internet..... www.caljobs.ca.gov

Child Care Job Bank 925-676-5442

(Coco Kids)

Lao Family Community Development, Inc.

Job placement (One-Stop Affiliate) 510-215-1220

Rubicon..... 510-412-1725

RichmondWORKS 510-307-8014

Sparkpoint Contra Costa West ... 510-779-3200

The Stride Center – San Pablo..... 510-234-1300

Unemployment Insurance, CA... 1-800-300-5616

..... www.edd.ca.gov/Unemployment

Evictions/Rent Assist./Foreclosures

EVICTION COURT SUMMONS ASSISTANCE/

LANDLORD/TENANT ASSISTANCE

Bay Area Legal Aid..... 510-250-5270

FORECLOSURE ASSISTANCE

Community Housing Dev. Corp. . 510-412-9290

Foreclosure Assistance – HUD.. 415-489-6400

Housing & Economic Rights Advocates

..... 510-271-8443

National Foreclosure Hotline..... 1-888-995-4673

RENTAL ASSISTANCE

Season of Sharing..... 925-521-5065

SHELTER, Inc..... 925-338-1038

Financial Assistance

CalWORKs (Families) 1-877-505-4630

General Assistance (Individuals) . 1-877-505-4630

Food

CalFresh (Food Stamps)..... 1-877-505-4630

EBT Card Services 1-877-328-9677

Food Bank of Contra Costa & Solano

Groceries, pantries, meals 1-855-309-3663

Food Pantries / Soup Kitchens.. 2-1-1

GRIP Souper Center 510-233-2141

WIC Program 510-231-8600

(Parents with children 0-5, pregnant women or breastfeeding)

Gay, Lesbian, Bisexual, Transgender

LGBT National Help Center..... 1-888-843-4564

Rainbow Community Center..... 925-692-0090

Health Care

Advice Nurse..... 1-877-661-6230

Contra Costa Health Services Health Centers

North Richmond, San Pablo 1-800-495-8885

Health Care for the Homeless Mobile Van

(CCHS) Call for locations/hours 925-608-5300

COMMUNITY CLINICS

Brighter Beginnings - Family Health Clinic

Richmond 510-213-6681

Life Long Medical-Brookside

Richmond..... 510-215-5001

San Pablo (urgent care)..... 510-215-9092

Pinole 510-981-3255

Planned Parenthood - Richmond . 1-800-230-7526

RotaCare - Richmond..... 510-213-6678

(free urgent care)

HOSPITALS

Alta Bates Medical Center..... 510-204-4444

Contra Costa Regional Medical Center

..... 925-370-5000

Kaiser Medical Center 510-307-1500

Health Insurance

Covered California 1-800-300-1506

..... www.coveredca.com

Child Health & Disability Prevention (CHDP)

..... 925-313-6150

HICAP 1-800-510-2020

(Health Insurance Counseling & Advocacy)

Kaiser Child Health Plan 1-800-464-4000

Medi-Cal Applications 1-800-709-8348

Patient Financial Counseling..... 1-800-771-4270

(Information on county health insurance programs)

Homeless

Bay Area Rescue Mission

Men's shelter..... 510-215-4868

Women & Families 510-215-4860

Calli House-Richmond (Youth, 18-24) 1-800-610-9400

Coordinated Outreach Referral and

Engagement (CORE) 2-1-1

Homeless outreach to encampments and referrals to

Concord and Brookside Shelters.

GRIP Resource Center CARE Center

..... 510-233-2141

Monument Crisis Center CARE Capable Center
SHELTER, Inc.
Shepherd's Gate - Brentwood
Trinity Center CARE Center

Housing

CC Housing Authority Public Housing Wait List
Housing Authority Richmond
Neighborhood Housing Service
Senior & Adults w/ Disabilities
SHELTER, Inc.

Immigrant & Refugee Services

Asian Family Resource Center
Cash Assistance Program for Immigrants
Citizenship Education
Immigrant Legal Services
Immigration & Naturalization Services
Lao Family Community Development
Refugee & Immigrant Services
Refugee Health Program
Stand Together Contra Costa
U.S. Citizenship and Immigration Services

Information & Referral

2-1-1 Contra Costa
Information & Assistance for Seniors & Dependent Adults

Legal & Mediation Services

Bay Area Legal Aid
Lawyer Referral Service
CCC Dept. of Child Support
CC Senior Legal Services
Family Law Facilitator
Medical Legal Partnership
Victim Witness Assistance

Low Cost Internet

Access from AT&T
Comcast Internet Essentials

Mental Health

Access Mental Health Appointment Line for Contra Costa County
Bay Area Psychotherapy Institute
Community Health for Asian Americans
Contra Costa Crisis Center
Early Childhood Mental Health
Familias Unidas Counseling
Family Advocate Mental Health
First Hope- CCHS

National Alliance for the Mentally Ill (NAMI)
Native American Health Center
Power Program
San Pablo Wellness City
Second Nature Behavioral Health

Multi-Service Centers

GRIP CARE Center
SparkPoint Contra Costa West

Parenting Classes

C.O.P.E. Family Support Center
Primeros Nuestros Niños
Second Nature Behavioral Health
West Contra Costa Adult Education
West Contra Costa YMCA
West County First 5 San Pablo
West County First 5 Richmond

Pregnancy

Black Infant Health
Healthy Families America
Healthy Start
Independent Adoption Center
Medical Legal Partnership
Planned Parenthood
Prenatal Care Guidance
Safely Surrendered Baby

SUBSTANCE ABUSE & PREGNANCY

Ujima West

Rape/Victims of Crime

Human Trafficking Hotline
Lao Family Community Development, Inc.
Rape, Abuse & Incest National Network
Second Nature Behavioral Health
Trauma Counseling Services
Victim Witness Assistance Program
West Family Justice Center

Senior Services

Adult Day Services Network
Alzheimer's Association
An Elderly Wish Foundation
CC Café
Crockett
El Cerrito
Hercules
No. Richmond
Richmond
San Pablo
Rodeo
Covia
Eldercare Locator
Family Caregiver Alliance
Information & Assistance for Seniors & In-Home Personal Assistance
Dependent Adults
Meals-on-Wheels
Medicare Hotline

Mobility Matters
Senior Food Program
Senior Outreach Services
Senior Peer Counseling
Social Security

Teen Services

Alateen
California Youth Crisis Line
RYSE Youth Center
Teen Services/SAFE Place
Thunder Roads Adolescent Treatment Center

Transportation

AC Transit
Bay Area Travel Information
BART
Dial-a-Ride/WestCAT
East Bay Paratransit
Easy Ride Service for El Cerrito Residents
Mobility Matters
R-Transit
WestCAT Lynx

Utility Assistance

California Alternate Rates for Energy
Customer Assistance Program
Low-Income Home Energy Assistance Program
Medical Baseline Program Relief for Energy
Utility Shut-off Assistance

Veterans

Berkeley Food & Housing Project
Contra Costa County Veterans Services
Martinez VA Outpatient Clinic
Oakland Veterans Center
SHELTER, Inc.
Veterans Suicide Hotline

Volunteer Opportunities

City of Richmond Volunteer Opportunities
Contra Costa Crisis Center
Covia
Food Bank of Contra Costa & Solano
Meals on Wheels
Mobility Matters
Volunteer Opportunities

Need help and don't know where to go? Call 211 or visit www.211database.org