

June 2017

www.211database.org

West Contra Costa County Resource Guide



CONTRA COSTA CRISIS CENTER

Crisis/Suicide Intervention: 800-833-2900

Abuse

CHILDREN

Children's Protective Services .. 1-877-881-1116

ADULTS

Adult Protective Services 1-877-839-4347
Human Trafficking Prevention... 1-800-670-7273
(Community Violence Solutions)
Ombudsman of CCC..... 925-685-2070
(For patients in long-term care facilities)

FAMILIES

STAND! For Families Free of Violence
..... 1-888-215-5555

AIDS/HIV

AIDS Info..... 1-800-448-0440
Contra Costa AIDS Line 925-313-6771

Alcohol & Drug Abuse

Al-Anon..... 510-528-4379
Alcohol & Other Drugs ACCESS 1-800-846-1652
Alcoholics Anonymous..... 925-939-4155
DUI Programs 925-932-8100
(Alcohol & Drug Abuse Council of CCC)
Narcotics Anonymous 925-685-4357

DETOX TREATMENT CENTERS

BAART - Detoxification Pgm..... 510-232-0874
Bay Area Rescue Mission 510-215-4868
Thunder Road Adolescent Treatment Center
..... 510-653-5040

TREATMENT / COUNSELING

Gateway AOD Services (BACR) 510-235-2887
Power Program 510-232-7571
Ujima West 510-215-2280

SMOKING CESSATION

California Smokers Helpline 1-800-662-8887
Tobacco Hotline 1-800-844-2439

Animals

CCC Animal Services - Pinole ... 510-374-3966
Contra Costa Humane Society .. 925-279-2247
Pet Food Assistance Program .. 925-676-7543

Child Care/Crisis Child Care

CC Child Care Council 510-758-5439
Head Start Programs/Child Care Services
(CCC Community Services Bureau) 510-374-7144

CRISIS CHILD CARE

Bay Area Crisis Nursery (Ages 0-5) .. 925-685-8052
Safe Families (Ages 0-18)..... 925-566-8050

Crisis and Suicide Intervention

Contra Costa Crisis Center 1-800-833-2900
Provides 24-hour crisis/warm line support.
National Suicide Hotlines..... 1-800-273-8255

Death & Dying

Grief Counseling 1-800-837-1818
(Contra Costa Crisis Center)
Hospice of the East Bay..... 925-887-5678

Dental Care

Berkeley Free Clinic..... 1-800-625-4642
Contra Costa Health Services Dental Clinics
West County Health Center 510-231-9540
Denti-Cal/Medi-Cal Dental Pgm.... 1-800-322-6384
Life Long Medical-Brookside
San Pablo 510-215-9092

University California San Francisco Dental
School 415-476-1891
University of the Pacific Dental Clinic
San Francisco 415-929-6501
Union City 510-489-5200

Disability Services

California Children's Services ... 925-957-2680
CA Dept. of Rehabilitation 510-232-7062
Contra Costa ARC 925-370-1818
Developmental Disabilities Council 925-313-6836
Hawkins Center 510-232-6611
Independent Living Resource.... 925-363-7293
Regional Center of the East Bay... 925-691-2300
Social Security..... 1-800-772-1213
State Council on Developmental Disabilities
Bay Area..... 510-286-0439
We Care Services for Children .. 925-671-0777

Education & Literacy

CCC Regional Occupational Program (ROP)
..... 925-942-3368
Richmond Public Library 510-620-6561
Contra Costa County Office of Education
..... 925-942-3388
Family Literacy Program..... 510-236-3900
(Catholic Charities of the East Bay)
Literacy for Every Adult 510-307-8084
(Richmond Public Library)
Project Second Chance 510-527-7558

ESL/GED/ADULT EDUCATION

Lao Family Community Services.. 510-215-1220
West Contra Costa Adult Ed. 510-215-4666
..... 510-231-1453

Emergency Services

American Red Cross 1-800-733-2767
California Poison Control Center . 1-800-222-1222
CCC Office Emergency Services... 925-646-4461
Emergency Broadcast System ... KCBST740AM
Hazardous Materials Incident Response
..... 925-335-3232
Health Emergency Hotline
..... 1-888-959-9911

Employment/Job Training

Asian Family Resource Center ... 510-869-6000
CalJOBS - Internet..... www.caljobs.ca.gov
Child Care Job Bank 925-676-5442
(Child Care Council)
EASTBAY Works, America's Job Center of CA
San Pablo..... 510-412-6740
Lao Family Community Development, Inc.
Job placement (One-Stop Affiliate) 510-215-1220
Rubicon..... 510-412-1725
RichmondWORKS 510-307-8014
Sparkpoint Contra Costa West ... 510-779-3200
The Stride Center - San Pablo..... 510-234-1300
Unemployment Insurance, CA... 1-800-300-5616
..... www.edd.ca.gov/Unemployment

Evictions/Rent Assist./Foreclosures

EVICTION COURT SUMMONS ASSISTANCE/
LANDLORD/TENANT ASSISTANCE
Bay Area Legal Aid..... 510-250-5270

FORECLOSURE ASSISTANCE

Community Housing Dev. Corp. . 510-412-9290
Foreclosure Assistance - HUD... 415-489-6400
Housing & Economic Rights Advocates
..... 510-271-8443

National Foreclosure Hotline..... 1-888-995-4673

RENTAL ASSISTANCE

Season of Sharing..... 925-521-5065
SHELTER, Inc..... 925-338-1038

Financial Assistance

CalWORKs (Families) 1-877-505-4630
Community Housing Dev. Corp. .. 510-412-9290
General Assistance (Individuals) . 1-877-505-4630

Food

CalFresh (Food Stamps)..... 1-877-505-4630
EBT Card Services 1-877-328-9677
Food Bank of Contra Costa & Solano
Groceries, pantries, meals 1-855-309-3663
Food Pantries / Soup Kitchens.. 211
GRIP Souper Center 510-233-2141
WIC Program 510-231-8600
(Parents with children 0-5, pregnant women or
breastfeeding)

Gay, Lesbian, Bisexual, Transgender

GLBT National Help Center..... 1-888-843-4564
Rainbow Community Center..... 925-692-0090

Health Care

Advice Nurse..... 1-877-661-6230
Contra Costa Health Services Health Centers
North Richmond, San Pablo 1-800-495-8885
Health Care for the Homeless Mobile Van
(CCHS) Call for locations/hours 925-608-5300

COMMUNITY CLINICS

Brighter Beginnings - Family Health Clinic
Richmond 510-213-6681
Life Long Medical-Brookside
Richmond..... 510-215-5001
San Pablo (urgent care) 510-215-9092
Planned Parenthood - Richmond . 1-800-230-7526
RotaCare - Richmond..... 510-213-6678

HOSPITALS

Alta Bates Medical Center..... 510-204-4444
Contra Costa Regional Medical Center
..... 925-370-5000
Kaiser Medical Center 510-307-1500

Health Insurance

Covered California 1-800-300-1506
..... www.coveredca.com
Child Health & Disability Prevention (CHDP)
..... 925-313-6150
HICAP 1-800-510-2020
(Health Insurance Counseling & Advocacy)
Kaiser Child Health Plan 1-800-464-4000
Medi-Cal Applications 1-800-709-8348
Patient Financial Counseling..... 1-800-771-4270
(Information on county health insurance programs)

Homeless

Bay Area Rescue Mission
Men's shelter..... 510-215-4868
Women & Families 510-215-4860
Berkeley Shelter Bed Hotline..... 1-866-960-2132
Calli House-Richmond (Youth, 14-21) 1-800-610-9400
Coordinated Outreach Referral and
Engagement (CORE) 2-1-1
Homeless outreach to encampments and referrals to
Concord and Brookside Shelters.
GRIP Family Emergency Shelter .. 510-233-2141
Monument Crisis Center 925-825-7751

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Multi-Service Center510-232-7571 (Anka Behavioral Health) SHELTER, Inc.....925-338-1038

Housing

Housing Authority Public Housing Wait List (except Richmond/Pittsburg)925-957-8000 Housing Authority Richmond510-621-1300 Neighborhood Housing Service ..510-237-6459 Senior & Adults w/ Disabilities ..1-800-510-2020 SHELTER, Inc.925-338-1038

Immigrant & Refugee Services

Asian Family Resource Center ..510-869-7200 Cash Assistance Program for Immigrants1-877-505-4630 Citizenship Class (WCC Adult Ed.) ..510-215-4666 Immigrant Legal Services510-451-2846 (International Institute of the Bay Area) Immigration & Naturalization Services (Catholic Charities of the East Bay)510-234-5110 Lao Family Community Development510-215-1220 Refugee & Immigrant Services ..925-927-2000 (Jewish Family & Community Services of the East Bay) Refugee Health Program.....925-313-6893 U.S. Citizenship and Immigration Services1-800-375-5283

Information & Referral

2-1-1 Contra Costa2-1-1 (Contra Costa Crisis Center) Information & Assistance for Seniors & Dependent Adults.....1-800-510-2020

Legal & Mediation Services

Bay Area Legal Aid.....510-250-5270 CCC Bar Association925-825-5700 CCC Dept. of Child Support.....1-866-901-3212 CC Senior Legal Services510-374-3712 Family Law Facilitator925-608-1000 (Divorce, Child Custody, Support, Paternity issues help) Victim Witness Assistance925-957-8650

Low Cost Internet

Access from AT&T.....1-855-220-5211 Comcast Internet Essentials1-855-846-8376

Mental Health

Access Mental Health Appointment Line for Contra Costa County1-888-678-7277 Adolescent, Adult and Children's Psychiatric Programs1-800-680-6555 (John Muir Health Behavioral Health Center) Community Health for Asian Americans510-233-7555 Contra Costa Crisis Center1-800-833-2900 Early Childhood Mental Health ..510-837-6902 (Children ages 0-6) Familias Unidas Counseling510-412-5930 Family Advocate Mental Health (CCHS)925-957-5139 First Hope- CCHS925-681-4450 National Alliance for the Mentally Ill (NAMI)925-942-0767 Native American Health Center ..510-232-7020 Power Program.....510-232-7571 (Anka Behavioral Health) Second Nature Behavioral Health 510-610-4799

Multi-Service Centers

Multi-Service Center510-232-7571 (Anka Behavioral Health) SparkPoint Contra Costa West...510-779-3200

Parenting Classes

C.O.P.E. Family Support Center ..925-689-5811 Primeros Nuestros Niños510-233-8595 (The Latina Center) Second Nature Behavioral Health 510-610-4799 West Contra Costa Adult Education ...510-215-4666 West Contra Costa YMCA510-412-5647 West County First 5 San Pablo510-232-5650 West County First 5 Richmond510-233-5890

Pregnancy

Black Infant Health(CCHS)925-313-6254 Healthy Families America (CCHS)925-313-6254 Healthy Start (CCHS).....510-231-9469 Independent Adoption Center ...1-800-877-6736 Planned Parenthood.....1-800-230-7526 Prenatal Care Guidance925-313-6254 (CC Health/First 5) Safely Surrendered Baby1-800-833-2900

SUBSTANCE ABUSE & PREGNANCY Ujima West.....510-215-2280

Rape/Victims of Crime

Family Works Community Counseling510-982-0950 Human Trafficking Hotline1-800-670-7273 (Community Violence Solutions) Lao Family Community Development, Inc.510-215-1220 Rape, Abuse & Incest National Network1-800-656-4673 Second Nature Behavioral Health 510-610-4799 Trauma Counseling Services.....510-768-3100 (Catholic Charities of the East Bay) Oakland Victim Witness Assistance Program925-957-8650

Senior Services

Adult Day Services Network925-682-1000 Alzheimer's Association1-800-272-3900 An Elderly Wish Foundation925-978-1883 CC Café (Hot lunch program)510-787-1341 El Cerrito.....510-559-7677 Hercules510-799-8219 No. Richmond510-232-3511 Richmond510-307-8087 San Pablo.....510-215-3098 Rodeo.....510-799-2706 Eldercare Locator1-800-677-1116 Family Caregiver Alliance1-800-445-8106 Information & Assistance for Seniors & In-Home Personal Assistance ...925-945-8040 (Diablo Valley Foundation for the Aging) Dependent Adults.....1-800-510-2020 Meals-on-Wheels510-412-0166 Medicare Hotline.....1-800-633-4227 Mobility Matters925-284-6161 Senior Food Program El Sobrante, Richmond, No. Richmond, Rodeo (Food Bank).....1-855-309-3663 Senior Outreach Services925-937-8311 Senior Peer Counseling925-521-5636 Social Security.....1-800-772-1213

Teen Services

Alateen925-510-528-4379 California Youth Crisis Line.....1-800-843-5200 RYSE Youth Center.....510-374-3401 Teen Services/SAFE Place.....1-800-718-4357 (Northern California Family Center) Thunder Roads Adolescent Treatment Center (Substance Abuse Treatment)510-653-5040

Transportation

AC Transit510-891-4700 Bay Area Travel Information.....511 BART510-236-2278 Dial-a-Ride/WestCAT510-724-7993 East Bay Paratransit1-800-555-8085 Easy Ride Service for El Cerrito Residents510-559-7677 Mobility Matters925-284-6161 R-Transit510-307-8026 WestCAT Lynx510-724-7993

Utility Assistance

California Alternate Rates for Energy (CARE) Program1-866-743-2273 Customer Assistance Program (EBMUD) (Discount on utility bill)1-866-403-2683 Low-Income Home Energy Assistance Program (LIHEAP).....925-681-6380 Medical Baseline Program Relief for Energy1-800-743-5000 REACH- Utility Assistance Program (Salvation Army-El Sobrante)510-262-0500 Utility Shut-off Assistance1-800-743-5000

Veterans

Contra Costa County Veterans Services925-313-1481 Martinez VA Outpatient Clinic....1-800-382-8387 Oakland Veterans Center510-763-3904 SHELTER, Inc.925-338-1038 Veterans Suicide Hotline1-800-273-8255

Volunteer Opportunities

City of Richmond Volunteer Opportunities510-620-6511 Contra Costa Crisis Center925-939-1916 Episcopal Senior Communities...925-956-7396 Food Bank of Contra Costa & Solano925-676-7543 Meals on Wheels925-937-8607 Mobility Matters925-284-4831 Volunteer Opportunities.....2-1-1

Need help and don't know where to go? Call 211 or visit www.211database.org