



Winter/Spring Grief Support Groups 2017

Topic/ Affinity	Day of the Week	Time	Location
Support After Suicide Group	Tuesdays	Evening	Walnut Creek
Parents Support Group	Wednesdays	Evening	Walnut Creek
Traumatic Loss	Thursdays	Evening	Walnut Creek
Grief 101 Workshop (monthly)	Saturday	AM	Walnut Creek
Grief Strategies Workshop			
East County Group	Wednesdays*	Afternoons	Antioch
West County Group	Mondays*	Afternoons	Richmond

Groups and workshops are offered as a free service to the community. All services are confidential.

Registration is required.

**Contra Costa Crisis Center
24/7 Grief Support Line:**

800-837-1818

**For more information about
any of our grief counseling services,
please call the Grief Counseling
Program at 925-939-1916 x 124 or
grief@crisis-center.org**

Some groups and workshops are facilitated, co-facilitated, and supervised by licensed MFT, MSW, LCSW, or Interns LMFT Lic.# 22269, LMFT Lic. #16350, LCSW Lic. #8300, MFTI #83894, MFTI 83675

With Help Comes Hope