



JOIN OUR TEAM OF CRISIS & SUICIDE LINE VOLUNTEERS!

The next Call Center Training begins in late January.

The **Contra Costa Crisis Center** invites you to learn about the various ways to volunteer with us, including helping us on our Crisis & Suicide Hotlines. We will hold Volunteer Orientation Meetings on **Thurs, January 7, 2021, 7pm-8pm**, and repeated on **Thurs, January 14, 2021, 7pm-8pm**.

To register to attend one of these online orientation meetings, use this link:
www.crisis-center.org/volunteer/

Another online meeting: hear from Crisis & Suicide Line volunteers about what it's like to answer crisis calls:
Tuesday, January 12, 2021, 7pm-8pm.

To register to attend this online Crisis Line Volunteer Panel presentation, use this link:
www.crisis-center.org/CrisisLinePanel/

*With help
comes hope*

Founded in 1963, the Contra Costa Crisis Center has provided crisis support for 55+ years, including 24/7 local Crisis & Suicide Hotlines, the 211 Information & Referral Line, and Grief Counseling.

We also answer local calls to the National Suicide Prevention Lifeline.

**CONTRA COSTA
CRISIS CENTER**
For information
or for support 24/7
for yourself or others
Call 211
or 1-800-833-2900
Text HOPE to 20121
www.crisis-center.org